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Encore, encore: Pianos make grand return

10 instruments hitting city streets for all to play

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ENGLAND'S LION MEN LICKING BIG WOUND

ENGLAND'S '3 LIONS' ALL BUT ELIMINATED AFTER LOSING 2-1 TO URUGUAY, WHILE COLOMBIA LEADS ITS GROUP WITH A 2-1 WIN OVER IVORY COAST AND JAPAN DRAWS GREECE 0-0

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SHOOTER ON THE LOOSE

Vancouver police officers walk through an alley behind Lam Hoa Quan Vietnamese restaurant on Victoria Drive near 34th Avenue after a lunchtime shooting Thursday. A 33-year-old man was taken to hospital with critical injuries. The shooter fled out the back and escaped into a waiting vehicle. Story, page 3. JENNIFER GAUTHIER/FOR METRO

BCTF seeks mediator

Bargaining. Education minister says he still wants to reach a deal with teachers by June 30

The B.C. Teachers' Federation is calling on the government to appoint a mediator in a bid to reach an elusive settlement.

Union president Jim Iker released a statement Thursday morning saying the sides have reached a stalemate, even though they came close to agreeing on wages during bargaining last weekend.

"Two more days of bargaining have gone by with no progress or counter-offers from government and (the British Columbia Public School Employers' Association)," Iker said. "If (Premier) Christy Clark agrees to mediation and allows government negotiators to enter that process with a more open mind, we can get a deal."

Education Minister Peter Fassbender shared Iker's determination but warned that while they may be close on

wages, he said the teachers' proposed deal is not affordable or realistic.

"The BCTF wants to stay in their own orbit," Fassbender told media. "When we finally got a full response from the BCTF on Wednesday ... it is not affordable; it is well into the \$2-billion range."

The union is looking for a five-year deal that includes an eight per cent salary increase — plus a \$5,000 signing bonus — a \$225-million retroactive grievances fund, and a \$225-million workload fund to address class size and composition issues.

Fassbender, speaking to media minutes before the BCTF called for mediation, said he has not had time to consider the union's request, but he was open to the idea.

"If that's what the BCTF is asking for, we're more than happy to sit down with them," Fassbender said. "Our negotiating team is prepared to do whatever it takes."

That "whatever it takes" does not include legislating teachers back to work, he stressed. **MATT KIELTYKA/METRO**

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Street pianos make encore appearance this summer

Play it again, Vancouverites. Ten sets of keys will appear around town



EMILY JACKSON
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The four beloved street pianos placed around the city for the public to play for free as part of the inaugural Keys to the Streets program last summer were so successful that the program is expanding — 10 pianos will hit the streets this year.

"Because of the positive response that happened last year, and the energy and attention — the city enjoyed it so much — we've decided to go bigger," said Jennifer Vallee, one of the organizers of Keys to the Streets, part of the CityStudio program.

Pianos will return to Spyglass Dock, Robson Park and the Creekside Community Centre, but other locations will remain secret until they hit the streets on Canada Day.

Most of the pianos were

collected through Craigslist from people who were about to throw them out, while others were donated by people who enjoyed the street pianos last summer.

Local artists were hired to "give them some love and a paint job," said Vallee, who just graduated from SFU. She and her colleague, Ebba Hassel received a grant to run the program through CityStudio, a hub for university students to experiment with ways to improve the city.

The pianos are taken care of by community volunteers (they cover them up if it rains), and CityStudio has partnerships with moving companies and piano tuners.

Pianists will be able to delight passersby with free shows from July 1 until Aug. 23, when a "sunset serenade" will be held to celebrate another season of impromptu concerts.

Only the piano at Spyglass will be locked at night, due to its proximity to residential buildings. Regardless, the organizers ask people who want to tickle the ivories do so between 7 a.m. and 11 p.m., so as not to disturb the neighbours.



A girl plays the piano at Spyglass Dock in summer 2013. EMILY JACKSON/METRO FILE

Man in hospital after East Van shooting

A man is on the run and another is in hospital with multiple gunshot wounds, following a daytime shooting inside a Vietnamese restaurant in East Vancouver on Thursday.

The shooting happened around 12:30 p.m., when a male suspect walked into the Lam Hoa Quan restaurant on

Victoria Drive near East 34th Avenue and gunned down a 33-year-old man inside, Sgt. Randy Fincham, spokesman for Vancouver police, told reporters at the scene on Thursday afternoon.

When officers arrived, Fincham said the victim had suffered multiple gunshot

wounds. Paramedics were called and the victim was rushed to a local hospital, where he is in critical but stable condition.

According to police, the lone shooter fled the restaurant through a back door into a waiting vehicle. Police did not have a clear description of the

vehicle Thursday.

Fincham also wouldn't comment on a possible motive for the shooting except to say the victim is known to police. Investigators hope to speak with him once he has recovered in hospital, he said.

Following the shooting, officers interviewed witnesses

both inside and outside the restaurant.

Around 1:30 p.m., police also escorted a man out of the restaurant and into the back seat of a police car. Fincham could not comment on who the man is or why he was taken by police.

THANDI FLETCHER/METRO

1 NEWS



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Sunshine: An alternative education success story

Kiwiassa Education Centre. Struggling teenager given the opportunity to learn



MATT KIELTYKA
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Sunshine Dickinson casts a heartfelt glance at teacher Sandy Dowling and attempts to put their relationship into words.

The answer makes Dowling melt, the tearful mentor extending her hand and clasping the teen's in a genuine moment of love.

"It's amazing to have a connection like that," says Dickinson, a petite young woman whose inquisitive brown eyes convey a wisdom and patience beyond her 17 years. "I can talk to her about my academic issues, but I can also talk to her about my personal issues. And she's helped me through many this year. She's like an aunt."

In one year at east Vancouver's Kiwassa education program, the two women have helped push one another across the finish line.

For Dowling, that means retirement — however bitter-sweet — at the end of a chal-

lenging but incredibly rewarding teaching career.

For Dickinson, it's graduating high school — with honours and a scholarship from the STAND Foundation — against odds as unfair as the "at-risk youth" label thrust upon her and the dozens of other students that frequent the tiny classroom nestled away on the second floor of Kiwassa Neighbourhood House.

Graduation seemed like an impossibility.

Education took a back seat to depression, anxiety, an eating disorder, lengthy hospitalizations and the need to work full time in order to support her epileptic single mother.

"I kept most of these issues to myself," she said.

That changed with a suicide attempt in Grade 9 that landed her in hospital for several months.

"When I got back (to school) it was hard to communicate with my peers because everything was out in the open, there were no secrets anymore."

She bounced around schools and programs as stresses — parents separating, a death in the family, eating disorders, her mother's illness — continually built up before she dropped out.

"In the middle of dealing with my personal issues, school



Sunshine Dickinson, 17, has been able to transform her life and graduate high school through an alternative program in east Vancouver's Kiwassa Education Centre. JENNIFER GAUTHIER/FOR METRO

Dangerous weight loss landed Dickinson in the hospital again, and a place in the day treatment program.

That last visit, followed by a transformative trip to Salt Spring Island, spurred a new outlook.

"I decided being in the hospital was really not helping me. I decided I did want to have a future," recalled Dickinson.

self-described as stubborn and fiercely independent.

She ended up at Dowling's door, a prime "at-risk" candidate for Kiwassa's self-directed alternative education program.

The low-barrier program lets students earn a high-school diploma at their own pace, allowing them to drop in and out as life demands while encouraging them to pursue their own academic interests and

passions within the curriculum.

The program let Dickinson work full-time to pay rent and support her mother through illness without having to worry about failing a course.

"In a mainstream school, a student would be penalized for something like that," said Dowling, the program's sole full-time teacher for 13 years. "If I know Sunshine has to

work, I know she'll hand in a paper when she's ready to. I've got students who need a flexible schedule because they're teenage parents, or people who suffer from high anxiety or depression and they're just unable to meet the requirements of a 9-to-5, Monday-to-Friday schedule.

"These kind of situations happen in every neighbourhood, everyone knows the stories of why kids leave school and the challenges that they face. We're the safety net."

It didn't take much to get Dickinson engaged.

Allowed to freely explore issues that were important to her, it wasn't long before she was bringing philosophy literature from Oxford into the classroom, studying Maya Angelou and writing research papers on women's issues at a post-secondary level.

"I found it very encouraging," said Dickinson. "I could go wherever I wanted with the topic as long as it was a well-structured essay. It got me very excited to continue with my education."

Now armed with a scholarship, she plans to continue pursuing her interest in philosophy and the humanities.

"Sunshine is obviously a beautiful person and has transformed her life so tremendously," said Dowling, with pride in her voice. "And every year I've got kids who come from difficult circumstances ... who come out with not only a high school diploma but a sense of who that student is as a person. I'm the witness to that."

A second chance

"Everyone knows the stories of why kids leave school and the challenges that they face. We're the safety net."

Kiawassa teacher Sandy Dowling, on allowing struggling teens the chance to learn



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Operation Snapshot III

11 charged, two B.C. kids rescued, after nationwide child-porn bust

Two British Columbia children have been rescued after a nationwide RCMP child-porn investigation that saw 32 charges laid against 11 men in the province.

Officers rescued two children from B.C. and three children from Ontario, Quebec and New Brunswick in the investigation, called Operation Snapshot III, which began in February.

More than 150 people have been arrested or are under investigation, and millions of child sex exploitation images have been seized, RCMP say.

Police are not releasing any information about the two B.C. children rescued to protect their privacy, said Sgt. Rob Vermeulen, spokesman for the RCMP in this province.

In Metro Vancouver, two charges of possession of child pornography have been laid against a 23-year-old Burnaby man, while a 35-year-old Surrey man faces one charge of luring a child.

RCMP Commissioner Bob Paulson told reporters in Dartmouth, N.S., the arrests send a message to would-be abusers that police will not be deterred.

"For every person arrested and prosecuted, dozens of potential future victims are saved from harm," he said.

Operation Snapshot III involved over 40 police agencies and targeted child sex offenders who collect, possess, share, make available, distribute or produce child sex exploitation material online.

THANDI FLETCHER/METRO



Mayor Gregor Robertson, centre, and VEC CEO Ian McKay, left, tour dPoint Technologies with director of operations Guy Pearson on Thursday in Vancouver. JENNIFER GAUTHIER/FOR METRO

So ... what are all these 'green' jobs?

City boasts of boom. Label encompasses eco engineers but also certain chefs, waiters



EMILY JACKSON
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Vancouver is bragging about a boost in green jobs, but you might be surprised to learn what counts as a "green" career.

The number of green jobs in the city has grown to 20,000 in 2013 from 16,700 in 2010 — at a rate of about six per cent per year. That's four times higher than the national average growth rate, according to a report on green

and local food jobs released by the Vancouver Economic Commission on Thursday.

"This puts to rest the tired, stale ideology that the environment is at odds with the economy," Mayor Gregor Robertson said at a news conference at local clean-technology manufacturer dPoint Technologies' East Vancouver facility.

Some of the jobs are attributed to engineers and factory workers at companies such as dPoint, a start-up that builds a patented membrane that recovers between 65 to 85 per cent of energy lost from building ventilation systems.

But the majority of the green jobs are attributed to the food and construction industries.

That includes chefs and waiters at restaurants that

serve local food, such as Forage.

It also includes architects and contractors working on LEED-certified buildings. The number of these buildings has drastically increased since Vancouver started requiring greener standards in 2010.

The city also includes jobs in transit, car-sharing services, recycling and compost as green jobs. It expects a boost in composting as Metro Vancouver moves to ban food waste from the landfill by 2015.

Yet even with all the growth, it will be tough for the city to meet its goal of doubling the number of green jobs to 33,400 by 2020.

The jobs would have to grow at an even higher rate in order to hit that target, Robertson said.

Bus riders want Robson open all year

When a block of Robson Street is closed to traffic during the summer, the space in front of the Vancouver Art Gallery becomes prime real estate for pedestrians to gather, chat and laze about.

The public plaza has sparked interest among the design community, urban dwellers and tourists alike — but transit users are less impressed with the pedestrian oasis that disrupts a busy downtown bus route.

Indeed, they've expressed a desire to keep Robson open to transit year-round between the West End and at least as far as Granville Street, according to a report released this week reviewing TransLink's downtown bus service.

In the meantime, the city is going ahead with the annual closure of the 800 block of Robson Street.

This year Viva Vancouver held the first design compe-

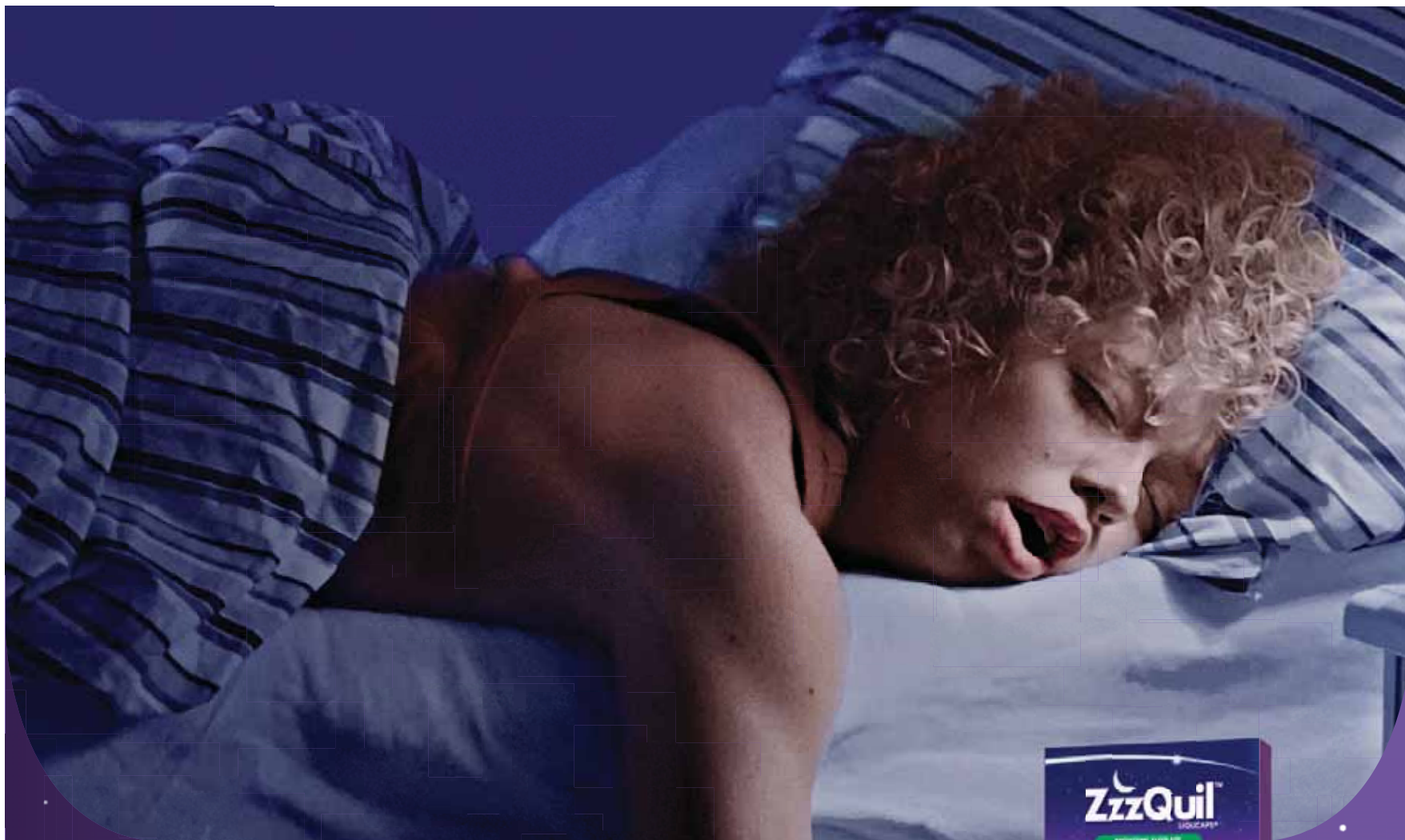
tition for the space. A team of local architects won the chance to transform it into an Urban Reef — featuring seating that looks like Slinkies made of reclaimed wood — starting June 26.

While council has shelved a decision on permanent closure pending the results of the bus-service review, a public square on either Robson or Cambie is part of its 2040 transportation plan.

EMILY JACKSON/METRO



An artist's rendering of this summer's Urban Reef, which opens next week on Robson Street. CONTRIBUTED



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Toronto. Air Canada flight to Brazil forced home due to unscreened passenger

Canadian officials were saying little Thursday about a security lapse at Pearson International airport that prompted them to order an Air Canada flight with 189 passengers en route to Brazil to return to Toronto after several hours in the air.

Air Canada said Flight 090 took off for São Paulo around 11:30 p.m. Wednesday, unaware a passenger had boarded without proper screening. The plane landed at 6:30 a.m. at Pearson and was surrounded by police. **THE CANADIAN PRESS**

Justice minister defends remarks on female judges

Gender offender.

Peter MacKay had said fewer women apply for federal bench positions to stay home with kids

Conservative responses

Some of MacKay's Conservative colleagues appeared uncomfortable with his remarks.

- Calgary MP Michelle Rempel said parliamentarians should celebrate women, no matter their career choices, including staying at home.
- Ontario MP Mike Wallace refused to comment on the matter, saying it's up to MacKay to defend his own statements.
- And Quebec MP Maxime Bernier laughed off the comments, but was quick to point out that he has a "special bond" with his daughters.

Federal Justice Minister Peter MacKay is defending comments he made last week about why so few women are appointed as judges in Canada.

MacKay was responding to Wednesday's Toronto Star report about an Ontario Bar Association meeting at which he was asked about the lack of women and minorities on federally appointed court benches.

MacKay answered the question by saying that women don't apply to be judges because they fear the job will take them away from their children — and that children need their mothers more than their fathers, the Star report said.

On Thursday, rather than back away from the comments, MacKay stood his ground.

"At early childhood, there's no question I think that women have a greater bond with their children," he said.

Canada needs more women to apply for judicial appointments, he continued, before

walking away from reporters.

Later in the House of Commons, opposition MPs pounced on MacKay's comment, declaring them sexist and demanding an apology.

"I ask the minister to apologize to all Canadians for blaming motherhood for his abject failure to ensure that the federal court reflects the divers-



Minister of Justice Peter MacKay stands during question period in the House of Commons on Parliament Hill in Ottawa on Thursday.
SEAN KILPATRICK/THE CANADIAN PRESS

ity of society," said Liberal MP Carolyn Bennett.

MacKay insisted, however, that he was being unfairly maligned.

"That, of course, is a complete mischaracterization of what I said, what I think, how I act and who I am," he told the Commons. Judicial appointments are made solely on the

basis of merit, he added.

"With respect to minorities and women being promoted to the judiciary, I think we can all agree that government, of course, plays an important role in that, but so too do law schools and law societies, and that is exactly the message I was bringing to the Ontario Bar Association." **THE CANADIAN PRESS**

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Public trust

Private bill aims to boost oversight of electronic spying

A private member's bill sponsored by the Liberal defence critic would bolster oversight

of Canada's electronic eavesdropping agency by creating a security-cleared committee of parliamentarians to keep an eye on intelligence activities. Joyce Murray says her bill would restore public trust in an agency she considers vital to protecting Canadians.

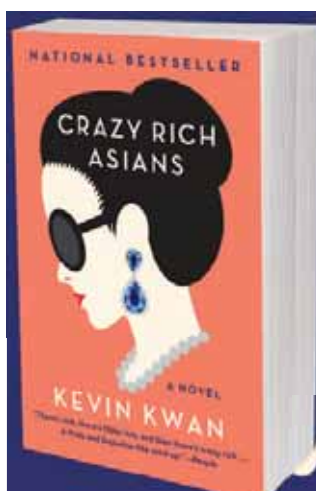
THE CANADIAN PRESS

Nova Scotia

More than 120 cats seized from home in Halifax area

The SPCA in Nova Scotia says three people have pleaded guilty to animal cruelty fol-

lowing the discovery of more than 120 cats in a Halifax-area home. The cats were taken to shelters — which the SPCA estimates cost more than \$15,000 within the first few weeks — and the three people have been banned from owning animals for 10 years. **THE CANADIAN PRESS**



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Teacher raped at prison: Report

Arizona facility.

Woman left alone in a room of sex offenders was stabbed, sexually assaulted, records say

A teacher at an Arizona prison was alone in a room full of sex offenders before

being stabbed and sexually assaulted by a convicted rapist, according to documents obtained by The Associated Press about an attack that highlighted major security lapses at the facility.

The attack occurred Jan. 30 at the Eymann prison's Meadows Unit, which houses about 1,300 sex offenders.

The teacher was adminis-

tering a high school equivalency test to about a half-dozen inmates in a classroom with no guard nearby and only a radio to call for help.

The Department of Corrections issued only a bare-bones press release after the attack, but the AP pieced together what happened based on interviews and investigatory reports obtained under the

Arizona Public Records Act.

After the last of the other inmates left, Jacob Harvey asked the teacher if she could open the bathroom and then attacked her, records show. Harvey is accused of stabbing her in the head with a pen and sexually assaulting her.

The teacher told investigators that she screamed for help, but none came.

Carl ToersBijns, a former deputy warden at the prison, said the assault highlights chronic understaffing and lax security policies.

"Here you've got a guy that commits a hell of a crime ... and he's put into an environment that actually gives him an opportunity to do his criminality because of a lack of staffing," he said. **THE ASSOCIATED PRESS**

Convicted rapist

The accused, Jacob Harvey, is serving a 30-year term for raping a woman in 2011.

- Three weeks after the rape, he assaulted another prison employee, prison records show.

China

Man sentenced in deadly family-planning dispute

China says a court has imposed a death sentence on a man who killed two government workers and injured four others in an argument related to the one-child policy. He Shenguo slashed people at a family planning office after they refused to register his fourth child.

THE ASSOCIATED PRESS

'Kill switch'

iPhone feature cuts thefts, data show

New crime data show Apple's addition of a "kill switch" to its iPhones that allows users to locate the phone on a map and remotely lock or erase it has sharply reduced thefts, authorities said Thursday. Google and Microsoft will incorporate a kill switch into the next version of their smartphones, a report said. **THE ASSOCIATED PRESS**

Google campaign

Wanted: More young girl geeks

Less than one per cent of high school girls think of computer science as part of their future, even though it's one of today's fastest-growing fields.

On Thursday, Google launched a campaign called "Made with Code" as part of the challenge of getting more girl geeks growing up in North America.

THE ASSOCIATED PRESS



Afghan child of war heads back to U.S.

Afghan war victim Shah Bibi Tarakhail, 7, uses her new prosthetic arm fitted by U.S. doctors to paint at Galerie Michael in Beverly Hills, Calif., in April. She was to arrive back in the U.S. Thursday from Kabul after receiving death threats when the arm made her a celebrity. **DAMIAN DOVARGANES/THE ASSOCIATED PRESS FILE**

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U.S. Colleges asked to collect better stats on dating violence, stalking

The Obama administration wants colleges and universities to compile statistics on stalking, dating violence and domestic violence as part of its ongoing effort to curb sexual assaults on campuses.

The Education Department proposed a new rule Thursday designed to provide a better picture of these problems.

The proposed rule change falls under the Clery Act, which requires colleges and universities to report crime statistics on or near their

campuses and provide warnings in a timely manner if safety is threatened. The Violence Against Women Reauthorization Act of 2013 signed by President Barack Obama amended the Clery Act by extending additional rights to campus victims. Victims' advocates have said current statistics don't paint an accurate picture of the extent of crime. "These new rules strengthen schools' capacity to provide safer campuses," said Education Secretary Arne Duncan. **THE ASSOCIATED PRESS**

Toronto

Charges laid after guard shot during attempted robbery

An armoured-car guard is in critical condition after being shot several times during a robbery attempt near a bank in Toronto early Thursday.

Toronto police Staff Insp. Mike Earl said the guard, who returned fire, took four rounds to the body. A second guard never got out of the locked truck. Three men, all 18, were later arrested. Among the charges laid are attempted murder.

THE CANADIAN PRESS



Severe flooding in Bulgaria's Black Sea region

A man holds a rope as he stands in the flooded area in the Black Sea town of Varna, Bulgaria, on Thursday. Two people and a child are reported dead and four more are missing. Torrential rain caused severe flooding in Bulgaria, sweeping away cars and reducing scores of homes to rubble.

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No more hunting and gathering food?

Evolution or devolution?

Americans don't even have to wander the chilly grocery aisles to buy food anymore — there is a buffet of companies who will do it for them

If you dread making supermarket runs, you're in luck.

Same-day grocery delivery services from Google, Instacart and Postmates are expanding into more cities around America, delivering everything from cereal to bottled water to toilet paper from nearby stores.

The Associated Press tried out all three services. They're fast, easy to use and way more convenient than waiting in the checkout line. All three deliver from local stores in the U.S., as well as some big national



Americans now have the option of letting the groceries come to them. Several companies are offering same-day delivery services. SPENCER PLATT/GETTY IMAGES FILE

chains, such as Whole Foods, Costco and Target.

The services across America are different from more established grocery delivery

companies such as FreshDirect, Peapod and AmazonFresh, because they don't actually sell groceries directly to you. Google Shopping Express, In-

stacart and Postmates merely send someone to stores in your neighbourhood. It works like this: You select what you want online or on an app, choose a delivery time and the service will deliver the items to your door.

But convenience comes at a price. The delivery charges can vary greatly. Google and Instacart offer flat rates, while Postmates' fees depend on the distance of the delivery. And you may want to tip the delivery people. All three companies say it's not necessary, but Instacart and Postmates allows you to add a tip while shopping on the app or website.

Besides delivery costs, Instacart charges a premium for items from some of the stores it delivers from. That means you will end up paying a lot more than if you walked over to the shop and bought it yourself.

THE ASSOCIATED PRESS

PROFIT list

Aboriginal mukluk company has leg up on competition

An aboriginal-owned Canadian mukluk and moccasin company has been named Canada's fastest-growing footwear company by PROFIT 500's list.

Manitobah Mukluks has been ranked 201 out of the 500 fastest-growing companies on the annual list.

METRO

Market Minute

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Dov Charney. Montrealer who rose to infamy as head of American Apparel is out

The board of American Apparel voted to oust founder Dov Charney as chairman and notified him of its intent to remove him as president and chief executive, the clothing chain says.

The move means Charney was suspended as president and CEO of the Los Angeles-based chain pending a contractually required 30-day period before he can be terminated.

The board's statement said that the proposed firing is for cause, and cited an "ongoing investigation into alleged misconduct," without giving details.

"We take no joy in this, but the board felt it was the right thing to do," said Allan Mayer, one of two board members appointed co-chairmen to replace Charney.

THE ASSOCIATED PRESS

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CASEY, LEBRON, ET LE SNOOPE DOGGE

1 Futbol anyone? You can always count on the World Cup to elicit some hardcore patriotism. After all, what could be more pride-inducing than watching professional soccer players from different countries play for other countries to millions of fans cheering vehemently for the nation they came from but no longer live in?

2 Scientific breakthrough. A University of Toronto research centre has developed a groundbreaking scheme that could cure major diseases plaguing humanity for ages. It's daring. It's radical. It's called ... sharing! How does it work? Imagine someone in Europe makes an experimental breakthrough, but is missing one crucial element. Enter U of T's recent genetic advancements, combine them, and it's the peanut-butter cup of life-saving science. Sounds gimmicky to me. It'll never catch on.

4 Runneth over. The L.A. Kings won the Stanley Cup and all I can think about is how greedy that city can be. They already have Hollywood, warm weather, hot celebrities, the Oscars, the Kar-



THE METRO LIST
Mike Benhaim
metronews.ca

dashians and Donald Sterling. Do they really need our hockey? Winnipeg has none of that. Let's give THEM the cup. #LAKings

5 Pass it over. A 22-year-old threw a football over a Michigan prison wall. Unfortunately, it missed its unknown recipient and landed between two security fences. Officers recovered the ball, which was stuffed with weed, heroin, tobacco and three cellphones with chargers. He was charged with three counts of furnishing contraband to inmates, and shattered his dream of ever playing in the NFL. #dumbcriminals

6 Not-so-free agent. The San Antonio Spurs won their fifth NBA title in 15 years with a convin-

cing victory over repeat champs the Miami Heat. Now, we shift our focus to LeBron James as he fields offers from other teams with championship potential that will no longer be able to afford the players they already have. #SpursNation

7 Mayoral theatrics. Actors from all over Canada flocked to Toronto's legendary sketch-comedy residence, The Second City,

to audition for Rob Ford The Musical: The Birth of a Ford Nation. As a former Second Citizen myself, I assure you that the position won't be cast based on physical traits. The role will be assigned to the performer who best embodies the elements that bring truth to the character. Also, very few physical props are used, so any crack-smoking will be mimed. Can't promise the same for the "drunken stupors."

8 Eastbound for sound. Music lovers looking for a brief Canadian getaway are invited to join me next week for the Festival International de Jazz de Montréal. Montreal is beautiful in the summertime and even better with performances from Aretha Franklin, Elvis Costello, Michael Bublé, Nikki Yanofsky and I'm especially looking forward to hearing Snoop Dogg rap in French. #FIJM

9 Final broadcast. The world mourns the loss of entertainment icon Casey Kasem this week. I'd like to send out this long-distance dedication to the man whose voice taught us new words on Sesame Street, devoured Scooby snacks as Shaggy, and counted down the hits for us each week. Though his feet may no longer be on the ground, may he always be reaching for the stars. #RIP

ZOOM

The future will be hoverized



Mark De Roche says the company hopes their hovercrafts will have recreational applications. "Our goal is to set up air parks where people can be trained in a scenic environment as the hovercraft doesn't damage land in the same way that a car does," he says. COURTESY AEROFEX CORPORATION

Introducing Aero-X

Sci-fi hovers into reality

A sci-fi hover bike, akin to the flying forest speeders from Star Wars: Return of the Jedi, is set to take off by 2017. The Aero-X, designed by Californian-based Aerofex Corporation, uses ducted rotors in a similar fashion to a helicopter but with far greater control. The aircraft, which costs \$85,000 US and can fly at 72 km/h, will only hover to heights of 4.5 metres, so that a pilot's licence isn't required. Chief technology officer Mark De Roche tells Metro why we'll

all be riding into the future on a hovercraft.

Did you decide to design this after watching Star Wars Episode VI: Return of the Jedi? (Laughs) I hate to disappoint but I've only seen one of the Star Wars movies and it didn't influence the design.

In the James Bond movie Die Another Day hovercraft float over minefields. Are the military interested? It's not going to be used by the military at this stage. But the Aero-X can be used for ranching, crop dusting, and search and rescue.

Is it like riding a hovercraft

or a motorcycle? It's probably closer to a motorcycle. You're in a dynamic air environment. At first your eyes are fixed on the ground but when you get used to focusing on the horizon and adapt to the winds, you're transported into a different element. You bank into a turn based on the wind like sailing — you get an intuitive sense about the wind.

Do you require a helmet? I didn't wear one for quite some time and the guys and I decided it was reckless. We were in the desert so I didn't feel much need but it's likely depending on the laws of a country whether a helmet will be required. **METRO**

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MetroTube

Ref left unaddressed doesn't stress, plays it with finesse

REBECCA WILLIAMS
readers@metronews.ca

We've all been there. You go in for the handshake and it passes you by. Or, maybe, you end up in some sort of mangled handshake mess — it happens — even at the World Cup.

Only difference is for Canadian referee Joe Fletcher, his missed handshake was televised in front of millions of viewers, but you can't tell, the man is as smooth as butter.

Next time you find yourself in the middle of an uncomfortable greeting, take a cue from Fletcher. (Via michael gallo/YouTube)



ISTOCKIMAGES

Scan the photo with your Metro News app to watch the boys debate Walk Like A Man.

Music saves the Jersey Boys

Reel Guys

**RICHARD
CROUSE AND
MARK BRESLIN**



Jersey Boys opens this weekend. CONTRIBUTED

Synopsis

Based on the Broadway hit of the same name, Jersey Boys begins in 1951 Belleville, N.J. and follows childhood friends Frankie Valli (John Lloyd Young who won a Tony for his performance of Valli on stage), Tommy DeVito (Vincent Piazza) and Nick Massi (Michael Lomenda) from the streets to the studio and with the addition of songwriter and keyboardist Bob Gaudio (Erich Bergen), from clubs to concert halls as the Four Seasons, one of the biggest-selling acts in rock history. Hits like Big Girls Don't Cry, Walk Like A Man and Can't Take My Eyes Off You kept them at the top of the charts — but ego, infighting, and money troubles blew them apart.

- Richard: ●●●●●
- Mark: ●●●●●

Go for the tunes, not the theatrics. Music tale lacks realism, but is saved by earworms

Richard: Mark, I thought director Clint Eastwood set up the story of the band well enough. From their hardscrabble beginnings to the height of their success, it's a rags-to-riches story and when it focuses on the four

band members, it works.

Unfortunately it takes a cast of characters to tell the tale, and Eastwood seems content to allow his supporting actors to go off-the-charts theatrical. By the time the end credits roll, it's clear that the movie is a caricature of a real-life story.

Nothing feels completely genuine, as if the theatricality of the stage version bled into the film.

Mark: Richard, I think I know

when the film goes off the rails.

When the band breaks up two-thirds of the way through, everything that follows feels forced, cheesy, and the emotions play a bit phoney.

But I still enjoyed the movie. I saw the theatrical version twice and I'm a big fan of the group.

The music makes a bigger impact in the stage version, but some of the characters play better in the film.

None of the acting is stel-

lar, but it's always fun to watch Christopher Walken do his "good mobster" schtick, and Erich Bergen as Bob Gaudio, the brains of the group, really stood out for me.

RC: The songs are undeniably catchy and well performed by a cast, three-quarters of which come from the various incarnations of the stage show.

They are earworms that sound authentic, by and large thanks to Young who perfectly

mimics Valli's soaring multi-octave falsetto voice. The bulk of the movie, unfortunately, doesn't soar as high as Young's voice. The Broadway show is basically a rock concert with a story. The big-screen treatment requires more.

MB: I thought it did — in places. The feuding between the members of the group worked better in the movie, but the opening scenes of Italian boys in da hood has been done before.

2 SCENE

Richport FORD

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Comedy/Romance



Think Like a Man Too

Director. Tim Story

Stars. Adam Brody, Jerry Ferrara

In the highly anticipated sequel, which was inspired by Steve Harvey's best-selling book Act Like a Lady, Think Like A Man, all the couples are back for a wedding in Las Vegas. But plans for a romantic weekend go awry when their various misadventures get them into some compromising situations that threaten to derail the big event.

Rotten Tomatoes™ score
Critics: No reviews yet
Audience: + 91%

Western/Mystery



The Rover

Director. David Michod

Stars. Robert Pattinson, Guy Pearce

The Rover, David Michod's followup to Animal Kingdom, is set in a world 10 years following the collapse of society. The film follows hardened loner Eric (Pearce) as he travels the desolate roads of the outback. When a gang of thieves steals his car, they leave behind a wounded Rey (Pattinson) in their wake. Forcing Rey to help track the gang, Eric will go to any lengths to take back the one thing that still matters to him.

Rotten Tomatoes™ score
Critics: 🍅 68%
Audience: 🍌 68%

Sci-Fi & Fantasy



I'll Follow You Down

Director. Richie Mehta

Stars. Rufus Sewell, Gillian Anderson

An accomplished physicist mysteriously disappears on a business trip. Abandoned, his wife and son struggle to cope. Years later, now a young scientist himself, Erol uncovers papers, formulas, a machine, and a mind-bending possibility. But time travel is impossible. Isn't it? Erol's obsession to find his father and restore his family will throw him into the unknown.

Rotten Tomatoes™ score
Critics: No reviews yet
Audience: 🍌 14%

Sci-Fi & Fantasy



Maleficent

Director. Robert Stromberg

Stars. Angelina Jolie

Maleficent explores the untold story of Disney's most iconic villain from the classic Sleeping Beauty and the elements of her betrayal that ultimately turn her pure heart to stone. Driven by revenge and a fierce desire to protect the moors over which she presides, Maleficent cruelly places an irrevocable curse upon the human king's newborn infant Aurora. As the child grows, Aurora is caught in the middle of a seething conflict.

Rotten Tomatoes™ score
Critics: 🍌 52%
Audience: + 98%

Action/Comedy



22 Jump Street

Director. Phil Lord, Chris Miller

Stars. Jonah Hill, Channing Tatum

After making their way through high school (twice), big changes are in store for officers Schmidt (Jonah Hill) and Jenko (Channing Tatum) when they go deep undercover at a local college. But when Jenko meets a kindred spirit on the football team, and Schmidt infiltrates the bohemian art major scene, they begin to question their partnership.

Rotten Tomatoes™ score
Critics: 🍌 84%
Audience: 🍌 88%

Comedy



Chef

Director. Jon Favreau

Stars. Jon Favreau, Sofia Vergara, Dustin Hoffman

Chef Carl Casper (Jon Favreau) suddenly quits his job at a prominent Los Angeles restaurant after refusing to compromise his creative integrity for its controlling owner (Dustin Hoffman). Finding himself in Miami, he teams up with his ex-wife (Sofia Vergara), his friend (John Leguizamo) and his son to launch a food truck. Taking to the road, Chef Carl goes back to his roots to reignite his passion for the kitchen.

Rotten Tomatoes™ score
Critics: 🍅 88%
Audience: 🍌 90%



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When a Guy becomes an animal

The Rover. Actor Guy Pearce talks about surviving in a post apocalyptic world — aided by a special kind of water bottle



**NED
EHRBAR**
Metro World News in Hollywood

Guy Pearce is a little preoccupied with water bottles at the moment. The Australian actor was apparently so taken with the particular metal bottle — made by S'well — that he carried around on the set of the dystopian film *The Rover* that he contacted the company himself about them.

Which is why I find myself carrying an identical bottle into my interview with him. “Ah, you got one! Excellent! What colour is it?” he asks straight off, comparing it to the one he’s sipping from.



Guy Pearce, left, and Robert Pattinson, star in *The Rover*, which opens this weekend. CONTRIBUTED

The package says it's blue.

That’s good because this is the colour of the one I carried around on the movie. The whole time, the art department woman told me, “When we get to that scene that we’re

going to do in the café, I’m going to use that bottle.” I said, “Oh great, fantastic.” But she said, “I need to get it more battered up and beaten up.” Of course we used it, because there’s something sort of

blue in every scene, there’s a small blue thing in every scene. So she used the bottle, and it’s there like an internal promotion. And then I ended up buying all the crew one of these each and had them print

The Rover on them, which I think is what you’ve got in there. Can I have a quick look? (He takes my bottle and unwraps it.)

So that bar in the movie just serves water?

Pretty much, yeah. We don’t even know if it’s a bar or what it is, it’s just some sort of place. It probably serves food if you were to ask, but I don’t know what you’d get.

This film doesn’t waste a lot of time explaining why or what everything is, it just presents this world as it is.

And that’s what’s great about (writer-director) David (Michod). As an audience member, there’s so much of you wanting to work out what’s going on that it’s nice to not be told everything all the time. I think it can be really evocative if you feel like a fly on the wall or you’re just brought into a world and it’s happening in front of you without following the usual formula. And I get why formulas work and why they’re utilized, but

I do think it’s really interesting sometimes to just come in crossways instead of just being introduced in the front door and explained everything.

Your character basically has nothing left at the beginning of this film.

That’s right. It’s interesting, because everything you don’t know about my character at the beginning of the film I also didn’t know about that character when I read it. So I really had to sit down with David and make sure I understood who this guy was prior to the film. I didn’t really need a big back-story, it was more just personality. In stripping away the civilized man and the moral man and the ethical man and all that sort of stuff, what he was then reverting back to being — like we would’ve all been thousands of years ago, the uncivilized people we were. So it was an interesting journey to get to the point of understanding what was left of him, the survivalist and animal he has become.

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Edge of Tomorrow 3D (PG) Fri 4-7-9:30
Sat-Sun 1:30-4-7-9:30 Mon-Wed 4-7-9:30
Thu 4-7
Transformers: Age of Extinction 3D (STC)
Thu 10

Fifth Avenue Cinemas 2110 Burrard Street,

Chef (14A) Fri-Thu 1-3:50-6:50-9:40
Fading Gigolo (PG) Fri-Tue 1:45-4:20-6:40-
9:20 Wed 1:45-4:20-9:20 Thu 1:45-4:20-
6:40-9:20
The Grand Seduction (PG) Fri-Wed 1:20-
4:30-7:10-9:50 Thu 1:20-4:30-9:50
Jersey Boys (14A) Fri-Thu 12:50-4-7-10
Supernatural: The Legend of Shep Gordon
(PG) Fri-Thu 1:30-7:15
Tracks (PG) Fri-Thu 4:10-9:30

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Maleficent (PG) Sat-Sun 2:25
Maleficent 3D (PG) Fri-Sun 4:40-7:15
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Craft (STC) Tue 8
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Spice World (PG) Fri 12

Scotiabank Theatre Vancouver 900 Burrard St

22 Jump Street (14A) No Passes Fri 1:30-
4:15-7-9:50 No Passes Sat 11-1:30-4:15-7-
9:50 No Passes Sun 2:15-4:15-7-9:50 No
Passes Mon-Tue 1:30-4:15-7-9:50 No Passes

Wed 1:30-4:15-7:05-7:50-10 No Passes Thu
1:30-4:15-7-9:50 No Passes Fri 12-2:35-5:15-
8-10:50 No Passes Sat 2:35-5:15-8-10:50
No Passes Sun 12-2:35-5:15-7:55-10:40 No
Passes Mon-Tue 2:15-4:55-7:40-10:30 No
Passes Wed 1:05-3:45-10:30 No Passes Thu
2:15-4:55-7:40

Edge of Tomorrow (PG) Fri-Thu 1:10-4
Edge of Tomorrow 3D (PG) Fri-Thu 6:50-
9:40 Fri 2-4:45-7:30-10:20 Sat 11:15-2-4:45-
7:30-10:20 Sun 2-4:45-7:30-10:20 Mon-Wed
1:45-4:30-7:15-10:05 Thu 1:45-4:30-7:15
Godzilla (PG) Fri-Thu 1:15
Godzilla 3D (PG) Fri-Sat 4:10-7:10-10:10
Sun 4:10-7:10-10:05 Mon-Thu 4:10-7:10-
10:10

Maleficent (PG) Fri-Sat 12:05-2:30-5:05-
7:40-10:15 Sun 12:05-2:30-5:05-7:35-10:10
Mon 2:10-4:40 Tue 2:10-4:40-7:20-9:55 Wed
2:10-4:40-9:55 Thu 2:10-4:40-7:20-9:55
Maleficent 3D (PG) Fri-Sat 12:30-3-5:30-
8:05-10:40 Sun 12:30-3-5:30-8-10:35 Mon-
Thu 2:40-5:10-7:45-10:20

The Metropolitan Opera: Così fan tutte -
Encore (STC) Sat 9 Mon 6:30

Mr. & Mrs. Smith (14A) Sun 12:45 Wed
7:30

Neighbors (18A) Fri-Sat 12:20-2:45-5:20-
7:50-10:30 Sun 12-5:20-7:50-10:25 Mon
1:20-3:40-7:50-10:25 Tue 2:45-5:20-7:50-
10:25 Wed 2:45-5:20-10:25 Thu 2:45-5:20-
7:50-10:25

Transformers: Age of Extinction 3D (STC)
No Passes Thu 10 No Passes Thu 10:30
X-Men: Days of Future Past (PG) Fri-Thu 1
X-Men: Days of Future Past 3D (PG) Fri-Sat
4:05-7:25-10:45 Sun-Thu 4:05-7:25-10:30

**Vancity Theatre
Vancouver International Film
Centre
1181 Seymour Street**
112 Weddings (STC) Fri 8:45

Divide in Concord (STC) Sat 4
Happiness (STC) Wed 6:30
Helena (STC) Mon 8:30
An Honest Liar (STC) Sat 6:30 Thu 8:45
I Am Big Bird: The Carroll Spinney Story
(STC) Fri 6:30 Thu 6:30
Ida (STC) Mon 6:45
The Internet's Own Boy: The Story of Aaron
Swartz (STC) Sat 8:45
Royal Opera House - Tosca (STC) Sun 2:30
Slums: Cities of Tomorrow (STC) Sun 6:30
The Starfish Throwers (STC) Wed 8:45
Whitey: United States of America v. James J.
Bulger (PG) Sun 8:45

Vancouver Aquarium 4D Experience Theatre 845 Avison Way

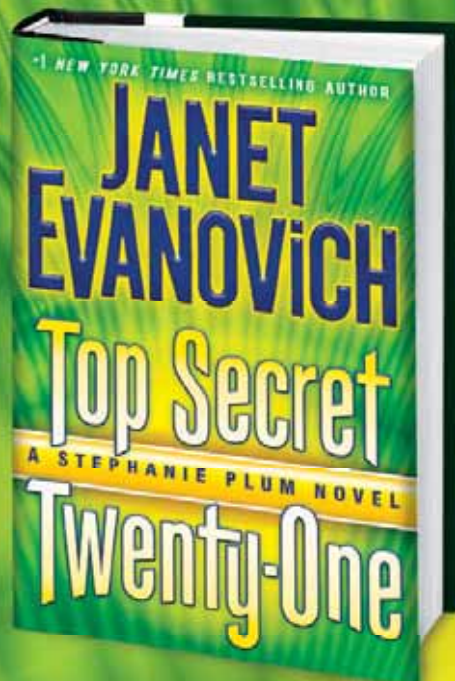
Shallow Seas 4D (STC) Fri 11:15-12:15-
1:15-2:15-3:15-4:15 Sat-Thu 10:15-10:45-
11:15-11:45-12:15-12:45-1:15-1:45-2:15-
2:45-3:15-3:45-4:15-4:45-5:15

Esplanade 6 200 West Esplanade

Edge of Tomorrow (PG) Fri-Thu 3:30
Edge of Tomorrow 3D (PG) Fri-Thu
1-7-9:45
Godzilla (PG) Fri-Thu 12:35
Godzilla 3D (PG) Fri-Thu 3:40-6:40
The Grand Seduction (PG) Fri-Thu 12:45-
3:45-6:35-9:40
Maleficent (PG) Fri-Thu 3:30
Maleficent 3D (PG) Fri-Thu 12:30-6:45-9:20
A Million Ways to Die in the West (14A)
Fri-Thu 9:35
Think Like a Man Too (PG) Fri-Wed 12:40-
3:35-6:50-9:30
X-Men: Days of Future Past (PG) Fri-Thu
6:30
X-Men: Days of Future Past 3D (PG) Fri-
Thu 12:50-3:50-9:30

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Canada

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22 Jump Street (14A) No Passes Fri 7:15-10 No Passes Sat 11:30-2:05-4:40-7:15-10 No Passes Sun 2:05-4:40-7:15-10 No Passes Mon-Thu 7:15-10
Chef (14A) Fri 6:55-9:35 Sat-Sun 1:20-4:655-9:35 Mon-Wed 6:55-9:35 Thu 6:55
The Fault in Our Stars (PG) Fri 6:40-9:50 Sat-Sun 1:35-6:40-9:50 Mon-Thu 6:40-9:50
How to Train Your Dragon 2 (G) No Passes Fri 7-9:30 No Passes Sat 11:20-1:50-4:25-7-9:30 No Passes Sun 1:50-4:25-7-9:30 No Passes Mon-Thu 7-9:30 Star & Strollers Screening, No Passes Thu 1
How to Train Your Dragon 2 3D (G) No Passes Fri 7:30-10:10 No Passes Sat 12-2:30-5-7:30-10:10 No Passes Sun 2:30-5-7:30-10:10 No Passes Mon-Thu 7:30-10:10
Jersey Boys (14A) Fri 6:30-9:40 Sat-Sun 12:10-3:20-6:30-9:40 Mon-Thu 6:30-9:40 Star & Strollers Screening Thu 1
Transformers: Age of Extinction 3D (STC) No Passes Thu 10

SilverCity Riverport 14211 Entertainment Way

22 Jump Street (14A) No Passes Fri-Sun 1:40-4:20-7:20-10:05 No Passes Mon-Wed 1:40-4:20-7-9:45 No Passes Thu 5-7:45-10:30 No Passes Fri-Sun 12-2:40-5:20-8:05-10:50 No Passes Mon-Wed 2:15-5-7:45-10:30 No Passes Thu 1:15-4-6:45 No Passes Sat 11:15 Star & Strollers Screening, No Passes Thu 2
The Adventures of Tintin (PG) Sat 11
The Amazing Spider-Man 2 (PG) Fri-Sun 12:50 Mon 1:25 Tue 12:45 Wed-Thu 1:25 The Amazing Spider-Man 2 3D (PG) Fri-Sun 6:45-9:55 Mon 7-10:10 Tue 6:45-9:55 Wed-Thu 7-10:10
Blended (PG) Fri-Thu 1:55

Chef (14A) Fri-Sun 1:30-4:30-7:30-10:30 Mon-Thu 1:30-4:10-7:05-9:55
Edge of Tomorrow 3D (PG) Fri-Sun 2:30-5:15-7:55-10:45 Mon-Thu 1:50-4:40-7:35-10:25
Edge of Tomorrow: An IMAX 3D Experience (PG) Fri-Sun 1:35-4:15-7:05-10 Mon-Wed 1:30-4-6:55-9:40 Thu 1:15-3:45-6:15
The Fault in Our Stars (PG) Fri 1:20-4:20-7:20-10:20 Sat 10:45-1:20-4:20-7:20-10:20 Sun 1:20-4:20-7:20-10:20 Mon 1:20-4:15-7:10-10:15 Tue 1:20-4:20-7:20-10:20 Wed-Thu 1:20-4:15-7:10-10:15
Godzilla (PG) Fri-Sun 1:50 Mon-Thu 1:15
Godzilla 3D (PG) Fri-Sun 4:50-7:50-10:50 Mon-Thu 4:15-7:10-10:05
The Grand Seduction (PG) Fri-Sat 1:45-4:30-7:40-10:20 Sun 4:30-7:40-10:20 Mon-Thu 1:45-4:30-7:40-10:20
Heaven Is for Real (G) Fri-Sun 4 Mon 4:35 Tue 4 Wed-Thu 4:35
How to Train Your Dragon 2 (G) No Passes Fri 1:05-3:45-6:30-9:20 No Passes Sat 10:15-11-1:05-3:45-6:30-9:20 No Passes Sun 1:05-3:45-6:30-9:20 No Passes Mon 1:20-4-6:30-9 No Passes Tue 12:15
How to Train Your Dragon 2 3D (G) No Passes Fri-Sun 12-2:30-5:05-7:40-10:10 No Passes Mon 1:50-4:35-7:05-9:35 No Passes Tue 12:20 No Passes Wed-Thu 1:50-4:35-7:05-9:35 No Passes Sat 10 No Passes Sun 12-2:30-5:05-7:40-10:10
Jersey Boys (14A) Fri 12:40-3:50-7-10:10 Sat 10-11:30-3:50-7-10:10 Sun 12:40-3:50-7-10:10 Mon 1:15-4:20-7:20-10:20 Tue 12:45-3:50-7-10:10 Wed-Thu 1:15-4:20-7:20-10:20
Maleficent (PG) Fri-Sun 2:20-4:55-7:30 Mon 2:20-5-7:30 Tue 2:45-5:10-7:40 Wed-Thu 2:20-5-7:30
Maleficent 3D (PG) Fri-Sun 12:15-2:50-5:25-8-10:30 Mon 2:50-5:25-8-10:30 Tue

3:05-5:35-8:05-10:30 Wed-Thu 2:50-5:25-8-10:30
The Metropolitan Opera: Così fan tutte - Encore (STC) Sat 9
Million Dollar Arm (G) Fri-Mon 10 Tue 10:15 Wed-Thu 10
A Million Ways to Die in the West (14A) Fri-Sat 2-4:45-7:45-10:35 Sun 1:40-4:45-7:45-10:35 Mon 1:45-4:45-7:30-10:15 Tue 1:20-4:15-7:25-10:15 Wed-Thu 1:25-4:25-7:05-10:15
Mr. & Mrs. Smith (14A) Sun 12:45 Wed 7:30
Neighbors (18A) Fri-Sun 5-7:50-10:40 Mon-Thu 4:50-7:25-10
Rio 2 (G) Fri 12:05 Sat 11:25-12:05 Sun 12:05 Mon 1:40 Tue 1:45 Wed-Thu 1:40 Rio 2 3D (G) Fri-Sun 2:35-5:05-7:35 Mon-Thu 2:25-7:15 Wed-Thu 4:25 Sat 11
Think Like a Man Too (PG) Fri-Sun 12:15-2:50-5:25-8:10-10:45 Mon 2-4:40-7:35-10:10 Tue 2-4:45-7:35-10:15 Wed 2-4:40-7:35-10:10 Thu 4:40-7:35-10:10
Star & Strollers Screening Thu 2
Tiger & Bunny the Movie: The Rising (PG) Thu 7:30
Transformers: Age of Extinction — An IMAX 3D Experience (STC) No Passes Thu 9
Transformers: Age of Extinction 3D (STC) No Passes Thu 9:30
X-Men: Days of Future Past (PG) Fri-Sun 10:05 Mon-Thu 9:50
X-Men: Days of Future Past 3D (PG) Fri-Sun 1-4:05-7:25-10:40 Mon 1:25-4:25-7:25-10:25 Tue 1-4:05-7:20-10:25 Wed-Thu 1:25-4:25-7:25-10:25

SilverCity Metropolis 4700 Kingsway Ave.

22 Jump Street (14A) No Passes Fri-Sat 1:20-4:05-7:25-10:15 No Passes Sun 12:50-3:35-6:55-9:45 No Passes Mon-Wed 1-4:15-7-10-10 No Passes Thu 1-4:10-

10:05 No Passes Fri-Sat 12-2:35-5:15-8:05-10:45 No Passes Sun 11:30-2:05-4:45-7:35-10:15 No Passes Mon-Thu 2:20-5-7:50-10:30
The Adventures of Tintin (PG) Sat 11
Edge of Tomorrow (PG) Thu 10:10
Edge of Tomorrow 3D (PG) Fri-Sat 11:35-2:15-5-7:45-10:30 Sun 11:05-1:45-4:30-7:15-10 Mon-Wed 1:55-4:45-7:30-10:15 Thu 12:30-3:20-6:05
The Fault in Our Stars (PG) Fri-Sat 1-4-7:10-10:05 Sun 12:30-3:30-6:40-9:35 Mon-Tue 12:45-3:45-6:55-9:50 Wed 12:45-3:45-7:25-9:50 Thu 12:45-3:45-6:55-9:50
Godzilla (PG) Fri-Sat 1:40-4:40 Sun 1:10-4:10 Mon-Thu 1:25-4:25
Godzilla 3D (PG) Fri-Sat 7:35-10:35 Sun 7:05-10:05 Mon-Tue 7:20-10:20 Wed 10:20
How to Train Your Dragon 2 (G) No Passes Fri-Sat 11:30-2-4:30-7:05-9:35 No Passes Sun 11-1:30-4-6:35-9:05 No Passes Mon-Wed 1:30-4:05-6:45-9:20 No Passes Thu 1:30-4:05-6:50-9:20
How to Train Your Dragon 2 3D (G) No Passes Fri 12-2:30-5:05-7:40-10:10 No Passes Sat 11-12-2:30-5:05-7:40-10:10 No Passes Sun 11:30-2-4:35-7:10-9:40 No Passes Mon-Thu 2-4:35-7:15-9:55
Jersey Boys (14A) Fri-Sat 12:40-3:50-7-10 Sun 12:10-3:20-6:30-9:30 Mon-Thu 12:30-3:35-6:45-9:45
Maleficent (PG) Fri-Sat 12:05-2:40-5:10 Sun 11:35-2:10-4:40 Mon-Wed 2:25-4:55 Thu 12:30-2:50
Maleficent 3D (PG) Fri-Sat 7:50-10:20 Sun 7:20-9:50 Mon-Thu 7:35-10:05
Tiger & Bunny the Movie: The Rising (PG) Thu 7:30
Transformers: Age of Extinction 3D (STC) No Passes Thu 9
X-Men: Days of Future Past (PG) Fri-Sat 1:10 Sun 12:40 Mon-Thu 12:55
X-Men: Days of Future Past 3D (PG) Fri-Sat 4:10-7:20-10:25 Sun 3:40-6:50-9:55 Mon-Wed 3:55-7:05-10:10 Thu 3:55-7:05

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11:00 am to 11:00 pm Nordic Design
12:00 pm to 12:00 pm Wife Carrying Contest

19TH ANNUAL SCANDINAVIAN MIDSUMMER FESTIVAL

NORDIC DESIGN JUNE 21-22 2014

FRIDAY, JUNE 20: Splendub presents Midsommer "Ember Skies" 19+ Youth Dance
JUNE 21-22: Pasvo Nurmil Run Saturday morning Viking Village Cultural Displays
Shopping Kiosks, Dancing Bonfire Beer Garden, Music Midsommer Pole
Traditional Scandinavian Foods, Volvo Club, Wife Carrying Contest, Kid's activities

Scandinavian Community Centre, 6546 Thomas Street, Burnaby (884) 294-2377
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JUNE 28/29
GRANVILLE STREET
DOWNTOWN VANCOUVER

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SilverCity Coquitlam
170 Schoolhouse Street

22 Jump Street (14A) No Passes
 Fri-Sun 12:35-1:50-3:10-4:45-6:10-
 7:40-9-10:30 No Passes Mon 3:30-
 4:45-6:15-7:40-9-10:30 No Passes Tue
 12:35-1:50-3:10-4:45-6:10-7:40-9-
 10:30 No Passes Wed-Thu 3:30-4:45-
 6:15-7:40-9-10:30 No Passes Fri-Sun
 12-2:40-5:20-8:05-10:50 No Passes
 Mon 1:45-4:30-7:15-10 No Passes Tue
 12-2:40-5:20-8:05-10:50 No Passes
 Wed 1:45-4:30-7:15-10 No Passes Thu
 1:15-4-6:45
 The Adventures of Tintin (PG) Sat 11
 Blended (PG) Fri-Thu 1
 Chef (14A) Fri-Thu 1:10-3:55-6:45-
 9:30

Edge of Tomorrow 3D (PG) Fri-Sun
 2:05-4:55-7:45-10:35 Mon 2-4:55-
 7:45-10:35 Tue 2:05-4:55-7:45-10:35
 Wed-Thu 2-4:55-7:45-10:35 Fri-Sun
 1:20-4:15-7:10-10:10 Mon 4:15-7:10-
 10:10 Tue 1:20-4:15-7:10-10:10 Wed-
 Thu 4:15-7:10-10:10
 The Fault in Our Stars (PG) Fri-Thu
 1:25-4:20-7:15-10:10
 Godzilla (PG) Fri 1:35-4:35 Sat 1:40-
 4:35 Sun-Thu 1:35-4:35
 Godzilla 3D (PG) Fri-Thu 7:30-10:30
 The Grand Seduction (PG) Fri-Thu
 3:50-6:50-9:40
 How to Train Your Dragon 2 (G) No
 Passes Fri-Thu 1:30-4:15-7-9:35
 How to Train Your Dragon 2 3D (G)
 No Passes Fri-Sun 12-2:30-5:05-7:40-
 10:15 No Passes Mon 2:20-4:50-
 7:30-10:05 No Passes Tue 12-2:30-

5:05-7:40-10:15 No Passes Wed-Thu
 2:20-4:50-7:30-10:05 No Passes Sat
 11:10
 Jersey Boys (14A) Fri 12:50-4-7:10-
 10:20 Sat 11-12:50-4-7:10-10:20 Sun
 12:50-4-7:10-10:20 Mon 12:50-4-
 7:10-10:15 Tue 12:50-4-7:10-10:20
 Wed 4:05-7:10-10:15 Thu 12:50-
 4-7:10-10:15 Fri-Sun 12:15-3:30-
 6:40-9:50 Mon 3:30-6:40-9:50 Tue
 12:15-3:30-6:40-9:50 Wed-Thu 3:30-
 6:40-9:50 Star & Strollers Screening
 Wed 1
 Maleficent (PG) Fri-Sun 12:35-
 3:10-5:45 Mon 12:45-3:10-5:35 Tue
 12:35-3:10-5:45 Wed 12:45-3:10-5:35
 Thu 12:45-3:30
 Maleficent 3D (PG) Fri 1:45-4:30-
 7:25-10 Sat 11-1:45-4:30-7:25-10 Sun
 1:45-4:30-7:25-10 Mon 1:45-4:30-

7:25-9:55 Tue 1:45-4:30-7:25-10
 Wed-Thu 1:45-4:30-7:25-9:55 Fri-Sun
 2:20-5:15-8:10-10:50 Mon 5:30-8:30
 Tue 2:20-5:15-8:10-10:50 Wed 5:30-
 8:30 Thu 3:10-5:45
 The Metropolitan Opera: Così fan
 tutte - Encore (STC) Sat 9
 A Million Ways to Die in the West
 (14A) Fri-Sun 2:10-5-7:50-10:40 Mon
 1:55-4:45-7:35-10:20 Tue 2:10-5-7:50-
 10:40 Wed 1:55-4:45-7:35-10:20 Thu
 1:35-4:25-7:15
 Neighbors (18A) Fri-Sun 8:15-10:40
 Mon 8-10:25 Tue 8:15-10:40 Wed
 8-10:25 Thu 10
 No Tears for the Dead (STC) Fri-Sun
 1:15-4:05-7:05-9:55 Mon 1:15-4:05-
 7:05-9:50 Tue 1:15-4:05-7:05-9:55
 Wed-Thu 1:15-4:05-7:05-9:50
 Think Like a Man Too (PG) Fri-Sun

12:20-2:55-5:30-8:10-10:45 Mon 2:15-
 5-7:50-10:30 Tue 12:20-2:55-5:30-
 8:10-10:45 Wed 5-7:50-10:30 Thu
 2:15-5-7:50-10:30 Star & Strollers
 Screening Wed 1
 Tiger & Bunny the Movie: The Rising
 (PG) Thu 7:30
 Transformers: Age of Extinction 3D
 (STC) No Passes Thu 9 No Passes
 Thu 9:30
 X-Men: Days of Future Past (PG) Fri-
 Thu 1:05-4:10
 X-Men: Days of Future Past 3D (PG)
 Fri-Thu 7:20-10:25

Edge of Tomorrow 3D (PG) Fri-Sun
 2:20-5:10-7:50-10:30 Mon 2:20-5-
 7:40-10:20 Tue 2:15-5-7:40-10:20
 Wed-Thu 2:20-5-7:40-10:20
 The Fault in Our Stars (PG) Fri-Sun
 1:20-4:15-7:20-10:20 Mon-Thu 1:20-
 4:15-7:20-10:10
 Godzilla (PG) Fri-Wed 1:15 Thu
 12:50
 Godzilla 3D (PG) Fri-Wed 4-7:10
 Thu 3:35
 Holiday (14A) Fri-Thu 2-5:45-9:15
 How to Train Your Dragon 2 (G) No
 Passes Fri 1:50-4:20-7-9:35 No Passes
 Sat 11-1:50-4:20-7-9:35 No Passes
 Sun 1:50-4:20-7-9:35 No Passes Mon-
 Tue 1-4:20-7:05-9:35 No Passes Wed
 4:20-7:05-9:35 No Passes Thu 1-4:20-
 7:05-9:35 Star & Strollers Screening,
 No Passes Wed 1
 How to Train Your Dragon 2 3D (G)
 No Passes Fri-Sun 12-2:30-5:05-7:40-
 10:10 No Passes Mon-Thu 2:15-5:05-
 7:35-10:05
 Humshakals (PG) No Passes Fri-Thu
 1:30-5:30-9
 Jersey Boys (14A) Fri-Sun 12:40-3:50-
 7:05-10:05 Mon-Tue 12:40-3:40-7-10
 Wed 4-7-10 Thu 12:40-3:40-7-10 Star
 & Strollers Screening Wed 1
 Maleficent (PG) Fri-Sun 12:15-2:50-
 5:25 Mon-Thu 12:30-2:55-5:25
 Maleficent 3D (PG) Fri-Sun 7:55-
 10:25 Mon-Thu 7:55-10:20
 A Million Ways to Die in the West
 (14A) Fri-Sun 12:05-2:40-5:20-8-
 10:35 Mon-Wed 2:05-4:45-7:25-10:15
 Thu 2:05-4:45-7:25
 Transformers: Age of Extinction 3D
 (STC) No Passes Thu 9:30
 X-Men: Days of Future Past (PG) Fri-
 Sun 1:35-4:40 Mon-Thu 1:35-4:35
 X-Men: Days of Future Past 3D
 (PG) Fri-Sun 7:45-10:40 Mon-Thu
 7:30-10:25

Hollywood 3 Cinema
7125-138th Street, Surrey

Blended (PG) Fri-Thu 4:30
 Captain America: The Winter Soldier
 (PG) Fri-Thu 6:50
 Captain America: The Winter Soldier
 3D (PG) Fri-Thu 8:50
 Heaven Is for Real (G) Fri-Thu
 2:45-4:55
 Legends of Oz: Dorothy's Return (G)
 Fri-Thu 12:45
 The LEGO Movie (G) Fri-Thu
 12:15-2:20
 Neighbors (18A) Fri-Thu 7-9
 Rio 2 (G) Fri-Thu 12:20-9:35
 Rio 2 3D (G) Fri-Thu 2:30-4:35-6:45

Strawberry Hill Grande
12161-72nd Ave, Surrey

22 Jump Street (14A) No Passes
 Fri-Sun 12-2:35-5:15-8:05-10:45 No
 Passes Mon-Wed 2:25-5:10-7:50-
 10:30 No Passes Thu 10:30 No Passes
 Thu 1:20-4:05-6:45
 The Adventures of Tintin (PG) Sat 11
 The Amazing Spider-Man 2 (PG)
 Fri-Thu 10:15

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22 Jump Street (14A) Fri-Sat 10:30-1:15-4-7-9:45 Sun-Thu 1:15-4-7-9:45
Edge of Tomorrow (PG) Fri-Thu 4:40
Edge of Tomorrow 3D (PG) Fri-Sat 10:45-1:55-7:25-10:05 Sun-Thu 1:55-7:25-10:05
The Fault in Our Stars (PG) Fri-Thu 12:40-3:30-6:20-9:10
How to Train Your Dragon 2 (G) Fri-Sat 10:20-1:34-6:30 Sun-Thu 1:34-6:30
How to Train Your Dragon 2 3D (G) Fri-Sat 11:14-4:30-7:20-9:25-9:55 Sun-Wed 1:45-4:30-7:20-9:25-9:55 Thu 1:45-4:30-7:20-9:25
Humshakals (PG) Fri-Thu 12:45-4:10-7:40
Jersey Boys (14A) Fri-Sat 10:35-12:35-3:35-6:45-10 Sun-Thu 12:35-3:35-6:45-10
Maleficent (PG) Fri-Thu 4:35
Maleficent 3D (PG) Fri-Sat 10:55-1:50-7:10-9:35 Sun-Thu 1:50-7:10-9:35
Maybe This Time (G) Fri-Sat 10:40-1:05-3:50-6:40-9:30 Sun-Thu 1:05-3:50-6:40-9:30
Surkhaab (PG) Fri-Sat 10:15-1:35-4:20-6:50-9:20 Sun-Thu 1:35-4:20-6:50-9:20
Think Like a Man Too (PG) Fri-Sat 10:50-1:30-4:15-7:30-10:10 Sun-Thu 1:30-4:15-7:30-10:10
Transformers: Age of Extinction 3D (STC) Thu 10
X-Men: Days of Future Past (PG) Fri-Thu 9:15
X-Men: Days of Future Past 3D (PG) Fri-Thu 12:30-3:25-6:25

Criterion 4 White Rock
2381 King George Highway
Edge of Tomorrow (PG) Fri-Thu 2:20-7:10-9:25
How to Train Your Dragon 2 (G) Fri-Thu 2:10-7:20-9:35
Jersey Boys (14A) Fri-Thu 2:7-9:30
Maleficent (PG) Fri-Wed 2:30-7:30-9:40 Thu 2:30-7:30
Transformers: Age of Extinction (STC) Thu 9

Colossus Langley 20090-91A Ave, Langley

22 Jump Street (14A) No Passes Fri-Sun 1:35-4:35-7:25-10:15 No Passes Mon-Wed 4:15-7-10 No Passes Thu 4:15-7 No Passes Fri 2:35-5:15-8:05-10:50 No Passes Sat 11:45-2:35-5:15-8:05-10:50 No Passes Sun 2:35-5:15-8:05-10:50 No Passes Mon-Thu 5:740-10:30
The Adventures of Tintin (PG) Sat 11
The Amazing Spider-Man 2 (PG) Fri-Sun 12:45
The Amazing Spider-Man 2 3D (PG) Fri-Thu 7:05-10:25
Blended (PG) Fri 1:45-4:35-7:25 Sat 11-1:45-4:35-7:25 Sun 1:45-4:35-7:25 Mon-Thu 4:25-7:20
Chef (14A) Fri-Sun 1:20-4:30-7:20-10:30 Mon-Thu 4:40-7:25-10:15
Edge of Tomorrow 3D (PG) Fri-Sun 1:40-4:25-7:35-10:25 Mon-Thu 4:45-7:35-10:20
Edge of Tomorrow: An IMAX 3D Experience (PG) Fri-Sun 12:50-3:50-6:50-9:55 Mon-Wed 4:15-7:10-9:50 Thu 3:40-6:20
The Fault in Our Stars (PG) Fri 1:15-4:15-7:15-10:20 Sat 11:45-1:15-4:15-7:15-10:20 Sun 1:15-4:15-7:15-10:20 Mon-Thu 4:05-7:05-10:10
Godzilla (PG) Fri-Sun 1:55
Godzilla 3D (PG) Fri-Sun 4:50-7:45-10:55 Mon-Thu 4:35-7:35-10:30
The Grand Seduction (PG) Fri-Sun 4:20-7:10-10 Mon-Thu 6:55-9:55
Heaven Is for Real (G) Fri-Sun 4:05 Mon-Thu 4:30
How to Train Your Dragon 2 (G) No Passes Fri 1:50-4:25-7-9:30 No Passes Sat 11:15-1:50-4:25-7-9:30 No Passes Sun 1:50-4:25-7-9:30 No Passes Mon-Thu 4:05-6:50-9:40
How to Train Your Dragon 2 3D (G) No Passes Fri 2:30-5:05-7:40-10:15 No Passes Sat 12-2:30-5:05-7:40-10:15 No Passes Sun 2:30-5:05-7:40-10:15 No Passes Mon-Thu 4:35-7:30-10:10
Jersey Boys (14A) Fri-Sun 12:40-3:55-7-

10:10 Mon-Tue 4-7-10-10:15 Wed 7:10-10:15 Thu 4-7-10-10:15 Star & Strollers Screening Wed 3
Maleficent (PG) Fri 2:10-4:45-7:30 Sat 11:10-1:50-4:25-7:30 Sun 2:10-4:45-7:30 Mon-Tue 4-7:15 Wed 7:15 Thu 4-7:15 Star & Strollers Screening Wed 3
Maleficent 3D (PG) Fri 12:30-2:50-5:25-8-10:35 Sat 11:25-12:30-2:50-5:25-8-10:35 Sun 12:30-2:50-5:25-8-10:35 Mon-Thu 4:45-7:45-10:20
The Metropolitan Opera: Così fan tutte - Encore (STC) Sat 9
Million Dollar Arm (G) Fri-Sun 10:05 Mon-Thu 9:45
A Million Ways to Die in the West (14A) Fri-Sun 2:45-5:30-8:15-11 Mon-Thu 4:10-7:20-10
Mr. & Mrs. Smith (14A) Sun 12:45 Wed 7:30
Neighbors (18A) Fri-Sat 12:45-3:15-5:45-8:10-10:40 Sun 3:15-5:45-8:10-10:40 Mon-Tue 4:25-7:30-10:05 Wed 4:25-10:05 Thu 4:25-7:30-10:05
Rio 2 (G) Fri 1:40 Sat 11:05-1:40 Sun 1:40 Mon-Thu 4:10
Think Like a Man Too (PG) Fri-Sun 12:35-3:05-5:35-8:10-10:45 Mon-Thu 3:55-7:15-9:55
Transformers: Age of Extinction — An IMAX 3D Experience (STC) No Passes Thu 9
Transformers: Age of Extinction 3D (STC) No Passes Thu 10
X-Men: Days of Future Past (PG) Fri-Sun 10:20 Mon-Thu 10:05
X-Men: Days of Future Past 3D (PG) Fri-Sun 1:35-4:40-7:45-10:50 Mon-Thu 4:20-7:25-10:25

Twilight Drive-In
260th Street & Fraser Highway, Langley
Maleficent (PG) Fri-Thu 9:45
Million Dollar Arm (G) Fri-Thu 11:30
Need for Speed (PG) Fri-Sat 1:45

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Maybe Kanye's not a groomzilla after all?

Kanye West and Annie Leibovitz have issued a joint statement clarifying comments the rapper made recently about the photographer.

The Thursday statement says West's comments Tuesday at the Cannes Lions international advertising festival regarding Leibovitz's availability to shoot his wedding "have been taken out of context and sensationalized."

West was frustrated that he couldn't secure Leibovitz's services for his marriage to Kim Kardashian last month, the statement says, but he was not assigning blame. Their representatives had been negotiating, but did not reach an agreement by the time of the wedding.

THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

The new King of Spain begins his royal reign

MELINDA TAUB

Metro World News

Spain has a new king! Also a new queen, two new princesses (well, they were princesses already), and a retired ex-king. All hail King Felipe VI, Queen Letizia, and Princesses Leonor and Sofia.

"But wait," I'm sure you're saying. "A European royal family did something? Where are the commemorative plates? Why aren't I watching an E! special about it?" That's because the Spanish royal family rolls a little differently than our pals the Windsors — especially now, when Spain's economy is so bad. Felipe has promised to focus on austerity, and he set a good example with his coronation, which may have been the least fancy coronation since the Middle Ages — instead of a big, splashy ceremony with an international guest list and lots of parties, Felipe opted for a slimmed down event with relatively few guests and little in the way of pomp.

That's not the only



unusual thing about this coronation: The reason Felipe has ascended to the throne in the first place is because his father, 76-year-old King Juan Carlos, decided to abdicate. Juan Carlos, who helped moved the country from fascism to democracy, has always been extremely popular with his subjects, but of late the Spanish royal family's reputation has taken

some hits. Felipe's older sister Princess Cristina is embroiled in a tax scandal, and many are questioning why a cash-strapped nation needs to foot the bill for a royal family at all, even a relatively cheap one.

Fair point! Here is my counterpoint: Look at those adorable little princesses. You don't want them to have to grow up and get jobs, do you?

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It's summertime — Have fun but be safe

Physical activity is great but don't overdo it

Canadians wait so long for summer to arrive that some of us overdo it when exercising outdoors, especially with unexpected heat and humidity early in the season. It takes a while for our bodies to become acclimatized to warmer temperatures and our bodies regulate heat more slowly during hot, humid weather, causing us to overheat much easier.

Before you head outdoors this summer, take a moment to understand the potential health risks of being active outdoors in extreme heat.

While being physically active has many health benefits, it can increase your risk for heat illness, especially in those with breathing difficulties, heart problems, a mental illness such as depression, hypertension or kidney problems. Even those without any chronic health conditions can be at risk without proper precautions.

GET INFORMED:

- Ask your sports organization or trainer if

they have a plan for extreme heat.

- Ask a friend or buddy to watch you during extreme heat; if you suffer from asthma, carry your inhaler with you and make others aware of your condition.
- Modify or reschedule your activities.
- Work out early in the day or in an air-conditioned facility.
- Check the Air Quality Index for air quality conditions.
- Check local weather forecasts so you can plan accordingly.

KEEP YOURSELF SAFE:

- Stay hydrated by drinking fluids and eating raw fruits and vegetables.
- Wear sunscreen and insect repellent.
- Allow your body to recover from heat exposure by sitting in the shade or heading to an air conditioned area.
- Watch for signs of heat exhaustion such as dizziness, fainting, nausea, vomiting, headache, rapid heartbeat and extreme thirst.
- Heat illnesses can lead to long-term health



CONTRIBUTED

problems and even death. These illnesses include heat stroke, heat exhaustion, heat fainting, swelling of hands, feet and ankles, heat rash, heat cramps and dehydration.

- The most serious heat illness is heat stroke, which can be fatal. Symptoms include a core body temperature of 40.5 C confusion, lack of sweat and unconsciousness.

Call 911 immediately if you see someone with these symptoms.

- If you see someone going into shock from heat stroke, move them to a cool place, apply cold water to large areas of their skin and clothing, and fan them.

Visit healthycanadians.gc.ca/sun.

— News Canada



CONTRIBUTED

Don't have time to hit the gym? Take it with you

Mobi X Gym uses dumbbells you can fill with water

Now there's a functional gym you can fit over your shoulder.

The Mobi X Gym is a portable functional exercise kit that combines everything you need for a well-rounded adjustable fitness program, and to help with fat loss, whether you're 18 or 90.

"Strength and resistance training are key for your muscle and bone health, longevity, and to promote mental sharpness in later years. Yet many find it easy to neglect, particularly if they have busy schedules," says Murray Phillips, a professional Vancouver fitness

instructor with 30 years experience in training athletes, trainers, and people of all ages and fitness abilities.

The Mobi X Gym contains two water-fillable dumbbells, two water-fillable weight balls, three resistance bands of varying strengths, a door anchor and three practical 20-minute training programs. It's all packed into a lightweight, padded carry bag that converts into a mat when needed.

"All you need is water to fill your weights and you're ready to get your muscles working, wherever you happen to be," says Phillips.

The Mobi X Gym is easy to store for those who might be living in small spaces and is now on special until July 15 for \$69.95, including free shipping.

Order yours at mobixgym.com and get in shape.

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STEVE NASH CLUBS IMPORT THE LATEST FITNESS TRENDS

Straight from N.Y.C. and L.A., the exciting new programming at Steve Nash Fitness World and Sports Club will keep you fit and motivated this summer.

Steve Nash has group fitness class options that allow you to pick your favourite workout activity. The gym's creative, upbeat classes will

keep you having fun while you get into the best shape of your life.

The new classes for summer are designed to kick you into high gear.

Jump to It!, a class on mini trampolines, takes you through a challenging stamina and balance workout that will help you leap to your fitness goal.

Pound is equally as challenging — and fun. Sweat like a drummer as you drum to the beat with custom Ripstix.

For those looking to get lean and flexible, the new Crushhh class combines 30 minutes of high-intensity cardio, followed by 30 minutes of delicious, deep stretching. You'll deserve that rest on the beach.

Want washboard abs? For a strong core, try Punch & Crunch, a challenging 30 minutes of boxing drills followed by 30 minutes of focused core training.

"The fun factor of our diverse classes will make dropping your fitness routine unlikely,



CONTRIBUTED

if not impossible," says Ingrid Knight-Cohee, group fitness director at Steve Nash.

New beach-themed classes will help you get into the summer mindset.

Sand Storm is a circuit-based class that uses sand bells — neoprene sacks weighted with sand — to help you build muscle endurance and strength.

H2-OM combines the concepts of surfing

and yoga. Members do yoga poses on specially designed SurfSET boards, which require an added level of balance and core strength to maintain stability.

If you don't make it to the gym this summer, Steve Nash Fitness World and Sports Club is taking it outdoors with surprise pop-up classes in a variety of beautiful locations. Stay tuned!

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To say Natalie MacLean loves Canadian wine would be an understatement. The award-winning blogger has been an ardent supporter of our home-pressed juice since starting her popular wine review site nataliemaclean.com.

For the last few weeks, MacLean has been hosting The Great Canadian Wine Match: an online contest to find Canada's ultimate barbecue wine. Wine lovers across the country have nominated their favourites and have been encouraging others to vote for their picks. Voting ends today, so if you want to have your say, head to her site.

I always struggle when it comes to mentioning Canadian wines in this column. Popular in their own provinces, most don't have national distribution. That is starting to change.

Larger markets have recently received an allotment of Benjamin Bridge's 2013 Nova 7 (\$24.99 - \$25.95). Nova Scotia's aromatic, signature wine tastes like summer in a glass, with a light fizz lifting its zesty, citrus flavours. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

A sweet-savoury zing

Strawberry-Balsamic Glazed Pork Tenderloin.

Summer starts tomorrow and this little red berry is the star of the season

When you discover foods that have a natural affinity for one another, it's easy to find numerous excuses to enjoy them together.

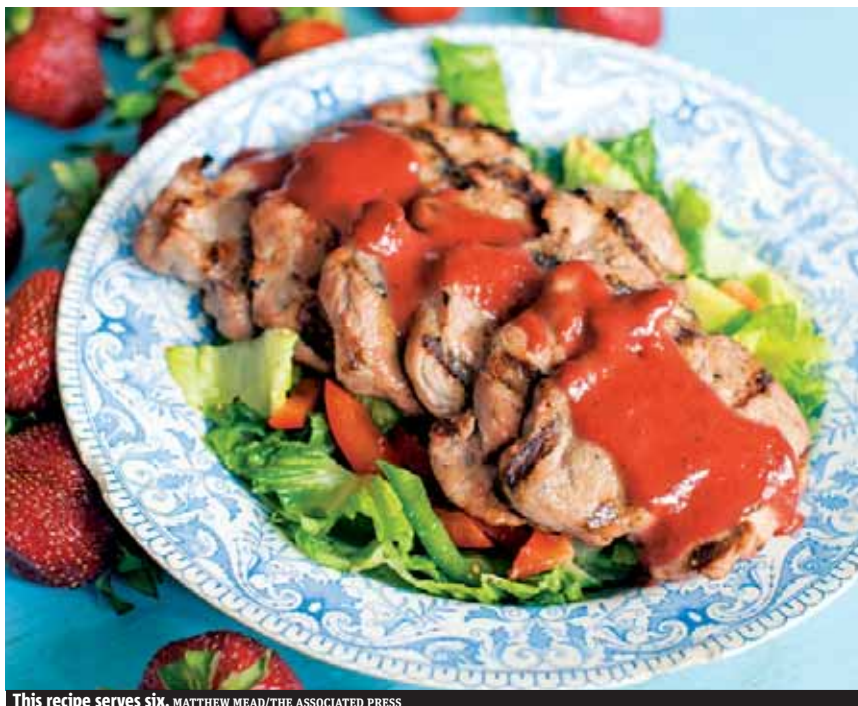
One such combo is strawberries and balsamic vinegar. Both sport assertively sweet, nicely acidic flavours that not only work well together, but also pair up wonderfully with so many other foods.

For grilling season, pork tenderloin that is slathered with a strawberry-balsamic glaze just makes sense. For optimal flavour, the pork gets hit with the strawberry-balsamic blend three times.

1. In blender, combine strawberries, oil, vinegar, honey, garlic, salt and pepper. Puree until smooth. Pour about a third of mix into saucepan and set aside. Pour another third of mix into large non-reactive bowl. Pour the remaining sauce into a small bowl.

Ingredients

- 1 cup fresh strawberries, hulled
- 2 tbsp olive oil
- 2 tbsp balsamic vinegar
- 2 tbsp honey
- 3 cloves garlic
- 1/2 tsp kosher salt
- 1/4 tsp ground black pepper
- 2 lbs pork tenderloins



This recipe serves six. MATTHEW MEAD/THE ASSOCIATED PRESS

2. Slice pork tenderloins into 1/2-inch rounds. A few at a time, place rounds between sheets of plastic wrap, then use the meat mallet or rolling pin to carefully pound the rounds to an even

thickness of about 1/4 inch. Place the pounded rounds in the non-reactive bowl with the sauce, turning to coat evenly. Refrigerate for 30 minutes.

3. After the pork has marinated for 20 minutes, heat a grill to medium-high.

4. Place saucepan of strawberry-balsamic sauce over medium-low heat on the stovetop. Bring to a simmer and cook, stirring frequently, for 8 to 10 minutes, or until thickened. Cover the

pan and remove from the heat.

5. When the pork has finished marinating, use an oil-soaked paper towel held with tongs to oil the grill grates. Place the pork rounds on the grill. Baste the pork with the sauce set aside in the small bowl. Grill for 3 to 4 minutes, then flip the rounds, baste again and cook for another 3 to 4 minutes.

6. Divide pork among 6 serving plates; spoon simmered sauce overtop. **THE ASSOCIATED PRESS**

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Just opened: Bufala

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at West 38th

Bufala brings Neapolitan-style pizza and classic Italian cocktails to Vancouver's West Side neighbourhood of Kerrisdale with the opening of their swanky new spot. Helmed by Lucas Earthy (formerly of Les Faux Bourgeois, La Pentola della Quercia) and Graham Marceau (of Wildebeest, Pizzeria Farina), the menu features plenty of pizza to choose from (about a dozen different kinds), sharable plates, salads, desserts and more. For more info, call: 604-267-7499.



The Canadian Festival of Chili and BBQ

June 21-22, Langley

This weekend, head out to farm country and check out this spicy and savoury festival. It's the largest BBQ contest in Western Canada with \$15,000 at stake. Enjoy sampling participating teams' barbecue fare, chili creations, and check out a bit of eye candy in the form of on-site firefighter volunteers. This event benefits the BC Professional Firefighters Burn Fund. Find more details here: ccbbqs.com.



Food Cart Fest

Restarts June 22, 215 W. 1st Ave

Food Cart Fest is back for another summer full of food-fuelled fun in the heart of False Creek's Olympic Village. On from 12 p.m. to 5 p.m. every Sunday throughout the summer, this festival gathers over 20 of Vancouver's top food carts presented by Arrival Agency and Streetfood Vancouver Society. It's a full afternoon of food, fun, and sun complemented by community markets, live music and DJs, craft food vendors, live entertainment activities, and more. Find all the details at: foodcartfest.com.



Rio Tinto Alcan Dragon Boat Festival

June 20 to 22, Creekside Park

This weekend, check out the Rio Tinto Dragon Boat Festival at the Creekside Community Centre. Back for its 26th anniversary, it'll be two days of non-stop dragon boat races and entertainment. This always popular festival features a special blessing ceremony, live music, beer garden, tea tasting and more. For all the details, visit: dragonboatbc.ca.



Coming up: Make Music Vancouver

Gastown, various locations

Don't miss this entirely free live music event that brings the local community together for the fourth edition on June 25th. This grassroots event, inspired by La Fête de la Musique, is being made possible entirely by volunteers, from organizers to performers. It showcases hundreds of amateur and established musicians and celebrates music in all its diversity. For more info visit: makemusicvancouver.ca.



Eat Local

Various locations

Score plenty of locally made and grown goods at one of Vancouver's farmers markets this Saturday. Plan to make a day of it and head over to the Trout Lake Farmers Market early in the day before heading over to check out the West End and new Kerrisdale farmers markets. With fresh produce delivered daily and hundreds of vendors participating, get fully stocked. For all the details and to learn more about other local markets, visit: eatlocal.org.



Summer Service Changes begin Monday, June 23

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Time to celebrate

Did you know? NAD spreads awareness about the cultures and traditions of First Nations, Inuit and Métis people of Canada

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For Metro

From its origin in 1996, National Aboriginal Day (NAD) — joining First Nations, Inuit and Métis in honouring their diverse cultures, unique heritage and long traditions — has grown to bring Canadians together in celebration of the contributions Aboriginal People make to the country.

According to the declaration made by former governor general Romeo A. LeBlanc, it was appropriate to give a yearly day to mark and celebrate the Aboriginal People to Canada, and to recognize their different cultures.

For Nelson Mayer, executive director with the Alberta Native Friendship Centres Association, NAD is all about cultural pride and identity. "This day is especially important for our young people, who gain pride and confidence when we highlight the significant contributions Aboriginal People have made in Canada," he said.

There are three groups of Aboriginal People: First Nations, Inuit and Métis, along with several language families. For example, the Beaver and Tahltan languages are part of the Athabaskan language family. Many Metis speak Michif, while Inuit often speak Inuktitut. And,



The Rama Powwow is a great way to learn about aboriginal culture. COURTESY CHARLIE SARK

if you want to refer to all the First Nations in Algonquin (another of the many aboriginal language families), you would use the word anicinabec.

Recognized every June 21 from coast to coast, NAD kick starts Celebrate Canada!, an 11-day celebration that in-

cludes Saint Jean Baptiste Day (June 24), Canadian Multiculturalism Day (June 27) and ends with Canada Day (July 1). June 21, the summer solstice — the day of longest light, and a day of spiritual significance to many — was chosen as the date for NAD

because of its symbolism to the culture.

Did Aboriginal People inspire our two national sports, lacrosse and hockey? You bet. Do you know who does throat singing? The Inuit. Many of the events around the country serve to educate and in-

volve fellow Canadians about aboriginal culture, whether through traditional games, dances and concerts, or workshops on food-making and medicinal plants.

Join your fellow Canadians to celebrate NAD this weekend.

Aboriginal Day Live about to make its mark

In 2007, Aboriginal Day Live & Celebration began as an hour-long live broadcast of four aboriginal musicians on the Aboriginal Peoples Television Network (APTN), hosted out of a small park in Winnipeg, but its creator, Sky Bridges, always had bigger plans.

The event has evolved into a cross-country festival of musical performances and cultural activities.

Now it involves more than 14 musicians and many more arts and cultural activities, broadcasting live performances from two locations: Winnipeg and Halifax.

"We get artists to add other elements (to their performances) they might not have done before," Bridges explains.

Highlights this year include international country music star Billy Ray Cyrus, Canadian gospel singer Yvonne St. Germain, accompanied by a full choir, and rap/hip-hop group Lightning Cloud, who will perform a special set just for the show.

"Every single act is bringing something very special to the stage," said Bridges.



A Tribe Called Red performs at Aboriginal Day Live in Winnipeg. COURTESY APTN

The 4-1-1

- Aboriginal Day Live & Celebration: Saturday, June 21
- TV: Watch APTN, 9 p.m. to 11:30 p.m. CT
- Radio: Various radio stations across Canada will broad-

cast the event live

- Social media: Connect with APTN on Twitter (@APTN, #ADL2014), Facebook and Instagram
- Web: aboriginaldaylive.ca

Bridges, now the COO of APTN, thought of the idea for Aboriginal Day Live & Celebration after noticing

that National Aboriginal Day on June 21 wasn't celebrated on a national level. STEPHANIE ORFORD/FOR METRO



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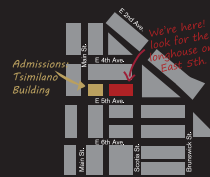
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Harris humbled by veteran status

CFL. Lions running back enters the 2014 campaign after an eventful off-season



CAM TUCKER
cam.tucker@metronews.ca

Andrew Harris was one of those young guys, asking his teammates the questions at training camp. He's now fielding similar inquiries.

The Canadian running back and the B.C. Lions left Kamloops on Thursday, training camp now over and one final pre-season game against the Calgary Stampeders at BC Place Stadium on Friday remaining before the 2014 season begins.

Harris, 27, is expecting to play at least one half against the Stamps.

"You understand and you learn how to take care of your body... and for me personally, it wasn't as physically straining as it has been in the past," Harris told Metro in a phone interview Thursday.

Entering his fifth season in the Canadian Football League, Harris was once learning the ropes, picking the brains of guys such as Angus Reid, Geroy Simon, Jarious Jackson and Paris Jackson for information.



Lions running back Andrew Harris is entering his fifth CFL season. THE CANADIAN PRESS FILE

Those days aren't forgotten. It's why Harris has decided to give back, to lend a veteran voice to players who approach him.

"It's definitely humbling," he said.

The grind of camp — in excess of two weeks, filled with two-a-day practices and meetings — was the transition from an eventful off-season for Harris.

He moved from Winnipeg to make Vancouver his home,

Grey Cup tickets

Tickets for the 102nd Grey Cup in Vancouver go on sale to the public on Friday at 10 a.m. The championship game goes Nov. 30.

and has started making inroads in the business community as a territory sales manager for Xylarr Eco Distribution Inc.

There was a contract exten-

sion with the Lions.

And, after a lengthy online search, Harris met his father for the first time. TSN ran an emotional feature on the long-awaited reunion for Father's Day — something Harris hopes inspires others.

"It was just taking another step in my life," said Harris.

"It was great meeting my father. It's been a busy off-season more than anything. This off-season just flew by so fast." For more, visit metronews.ca.

The weekend watch

The Canucks' coaching search

The interview process to find a new head coach for the Vancouver Canucks continued this week. It was reported on Wednesday that the Canucks had asked the Dallas Stars organization for permission to talk to Willie Desjardins for the job. Desjardins has been the candidate to garner the most public attention in Vancouver.

Lions conclude their pre-season

It's the final opportunity to impress the B.C. Lions coaching staff as the local CFL team wraps up its pre-season against the Calgary Stampeders at BC Place Stadium. According to CFL.ca, there are about 70 players still remaining in camp, and the 46-man roster must be named by 7 p.m. on Saturday.

World Cup group play continues

It's captivating audiences everywhere, thanks in large part to the entertaining and attacking style of soccer teams throughout the world. The FIFA World Cup group play continues, with a critical match between Italy and Costa Rica in Group D on Friday that could very well determine whether England is eliminated from contention.

CAM TUCKER/METRO

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England twice bitten by Suarez

Big-time brace. Upon return from injury, controversial Uruguayan striker preys on shaky England's back line

Luis Suarez scored twice to give Uruguay a 2-1 victory over England at the World Cup on Thursday, making an instant impact in his return from injury to revive his team's Group D campaign.

The Liverpool striker, who hadn't played since undergoing surgery on his left knee last month, lashed in the winner in the 85th minute, after seeing his first-half opener cancelled out by Wayne Rooney.

After surprisingly losing its Group D opener to Costa Rica, Uruguay's qualifying chances have now been given a major lift, while England's hopes of advancing to the round of 16 are in real jeopardy after its worst World Cup start in more than half a century.

Suarez seemed to revel in inflicting England's second successive loss in Brazil, having been punished twice by the country's Football Association for misdemeanours, serving bans for racism and biting in the Premier League.

Of Uruguay's six efforts on target, five were from Suarez — including the two that beat goalkeeper Joe Hart as England's slack defending was



Uruguay striker Luis Suarez celebrates his second goal on Thursday in Sao Paulo. MATT DUNHAM/THE ASSOCIATED PRESS

Group D

2

Uruguay

1

England

- Italy and Costa Rica, who both have three points, meet for their second group game on Friday. Uruguay now has three points, while England is on zero points after consecutive defeats.

exploited.

"I dreamt this," Suarez said at the Itaquerao Stadium in Sao Paulo. "I'm enjoying this moment, because of all I suf-

fered, the criticism I received. So, there you go."

By taking his World Cup tally to five goals, Suarez ensured that Rooney's first-ever goal in 10 matches on football's biggest stage was in vain.

Rooney tapped the ball home from close range in the 75th minute after connecting with Glen Johnson's pass. Having also lost against Italy, England now faces the prospect of not advancing from the group stage for the first time since 1958.

"We are a team that is making progress but results decide everything and both results have been negative," coach Roy Hodgson said.

"Where does it leave us? I don't know. I don't quite know." THE ASSOCIATED PRESS

Offence stunted. Greece stays afloat after losing captain to red card vs. Japan

Reduced to 10 men after captain Kostas Katsouranis was sent off in the 38th minute with his second booking, Greece held on for a 0-0 draw with Japan on Thursday that kept both alive in Group C and sent rival Colombia through to the knockout round of the World Cup.

Both teams inserted new strikers in search of goals and a first victory, but ultimately the main objective was survival and both achieved that with one match left in group play. Japan would have been eliminated with a loss in Natal.

After Katsouranis was sent off for his rough challenge on Makoto Hasebe, Greece with-



Referee Joel Aguilar passes judgment on Greek captain Kostas Katsouranis on Thursday. THE ASSOCIATED PRESS

drew into a defensive setup and held firm. Greece surrendered

three goals in a loss to Colombia, but even short-handed was better organized against Japan.

"My players were brilliant," said Greece coach Fernando Santos. "They worked hard after the red card. Without the red card we probably would have won the game."

Katsouranis will be suspended for Greece's final group match against Ivory Coast.

Earlier Thursday, Colombia was pushed by a partisan crowd that turned Estadio Nacional into a sea of yellow as James Rodriguez and Juan Quintero scored in a six-minute spell in the second half to beat Ivory Coast 2-1.

THE ASSOCIATED PRESS

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Man overboard

Search is on for man who fell from fan cruise ship

The Brazilian navy is searching for a man who fell from a cruise ship carrying Mexican World Cup soccer fans, Mexico's ambassador to Brazil said Thursday.

Ambassador Beatriz Paredes told the Televisa network that the man was

missing from the cruise aboard the MSC Divina, which was carrying about 3,500 Mexican fans between the cities of Fortaleza and Recife.

Witnesses interviewed by Televisa said he had apparently jumped.

The company that operates the vessel, MSC Cruises, said in a statement that it notified Brazilian authorities immediately after the incident at 5 p.m. on Wednesday. **THE ASSOCIATED PRESS**

At knife point

Ex-Arsenal flies home after family house burgled

Former England striker Ian Wright has flown home from the World Cup in Brazil after his London house was burgled, with his wife and two children reportedly held at knife point.

The 50-year-old ex-Arsenal player was working

for British broadcaster ITV in Brazil when the incident happened on Wednesday night.

Apparently reacting to the news, Wright tweeted: "You won't get away with it!"

In a story published on ITV's website, a spokeswoman for Wright said his wife Nancy was "really shaken up" but that she and her children were "physically OK."

THE ASSOCIATED PRESS

The Cup is all Balotelli wants, not being a star

Focused. 'Super Mario' says the World Cup 'creates a spark inside'

Determination

"I don't want to be a big star. I want to win the World Cup."

Italy's forward Mario Balotelli

Mario Balotelli couldn't care less if he's mentioned in the same breath as Neymar or Lionel Messi at this World Cup — as long as he comes away with the trophy.

Having scored the winning goal in Italy's 2-1 victory over England and now getting ready for Friday's match against Costa Rica, the temperamental forward has gained more attention than any other Azzurri player in Brazil.

"I hope this is Italy's World Cup, not Mario's. I'm not really interested in being compared with the big stars," Balotelli said Thursday. "In the end, it's the squad that wins."

Wearing a black cap turned backward and a total of three diamond earrings (two on his right ear, one on the left) Balotelli was his usual candid self.

Asked if he minds being the lone forward in coach Cesare Prandelli's 4-1-4-1 formation,

Balotelli snapped back: "As long as I play."

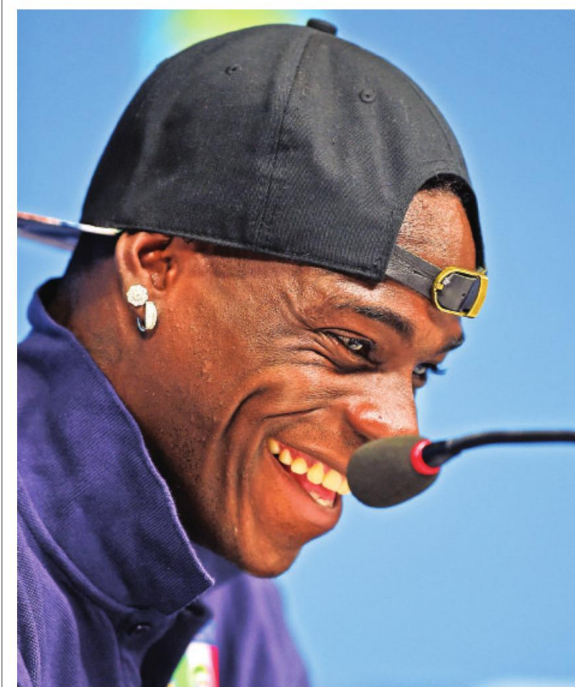
This is a first World Cup for Balotelli, who helped lead Italy to the 2012 European Championship final.

Balotelli has made headlines almost from the moment he landed in Brazil, first by proposing to his Belgian girlfriend on a moonlit beach in the week leading up to the England match.

Sitting right next to Balotelli, Prandelli managed to analyze his prized player's hot and cold streaks.

"If you look at Mario in these four years, there have been moments of alarm," Prandelli said. "One moment he's the man who's going to bring you to the top of the world and then a moment later he shouldn't even be at the World Cup."

THE ASSOCIATED PRESS



Mario Balotelli of Italy reacts during a press conference at Arena Pernambuco on Wednesday in Recife, Brazil. CLAUDIO VILLA/GETTY IMAGES



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Horoscopes

Aries

March 21 - April 20

Money and possessions are important, but don't make too big an issue of them. Over the next few days you should concentrate more on relationships, especially family.

Taurus

April 21 - May 21

You may be tempted to interfere in someone's personal situation but no good will come of it. You cannot do everything for everyone, so decide who is on your help list and let others learn from their own mistakes.

Gemini

May 22 - June 21

The Sun is about to leave your birth sign and it won't be long before you notice a difference in the direction your life seems to be taking. The important thing is that you don't try to stop the inevitable.

Cancer

June 22 - July 23

There is an urgency about you now that has been lacking in recent weeks and it will grow many times stronger when the Sun moves into your sign tomorrow. Your life is about to take a huge turn for the better.

Leo

July 24 - Aug. 23

If you play hard to get today you may send people the wrong sort of message. For one thing they may believe you no longer care, which of course isn't true. Make yourself available.

Virgo

Aug. 24 - Sept. 23

When the Sun changes signs tomorrow it's quite likely you will become aware of a better way to reach your aims and fulfill your desires. There's no rush, so take your time.

Libra

Sept. 24 - Oct. 23

It's good that you have the confidence to take risks but not good if you take them wildly. As the Sun nears the career angle of your chart make sure you don't do anything silly at work.

Scorpio

Oct. 24 - Nov. 22

You may be tempted to end a relationship that has been going through stormy seas but is that really a wise move? To be on the safe side wait until the Sun changes signs tomorrow. Your attitude may also change.

Sagittarius

Nov. 23 - Dec. 21

The most important thing now is that you do not allow vague fears to hold you back from what you are planning. A number of things can go wrong but even if they do the consequences won't be so bad.

Capricorn

Dec. 22 - Jan. 20

You seem to have resigned yourself to the idea that you will have to take a loss on something that hasn't been working out the way you planned. Don't be too hasty.

Aquarius

Jan. 21 - Feb. 19

Can you trust what other tell you? You cannot. They may not be trying to trick you but there is reason to believe they themselves have been deceived, so err on the side of caution.

Pisces

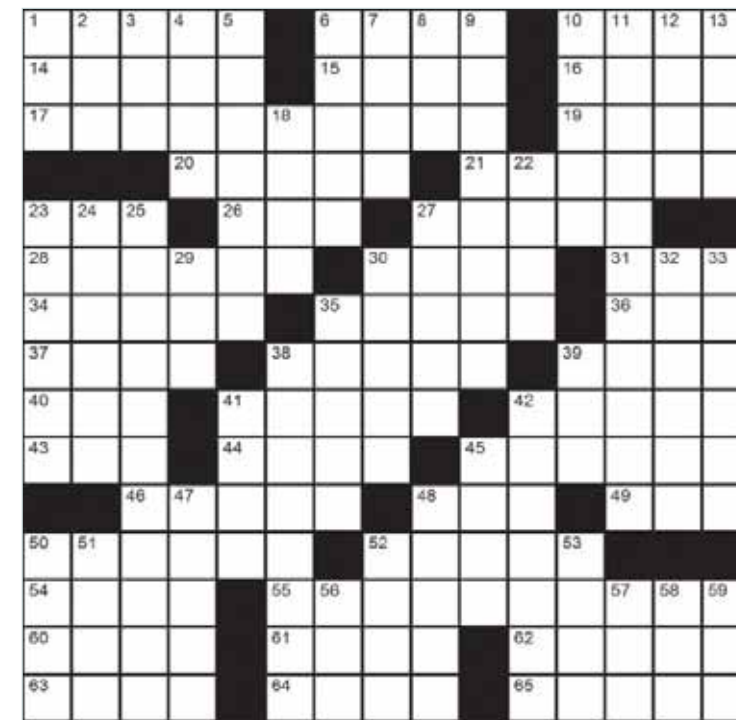
Feb. 20 - March 20

Fate will take its chosen path no matter what you may think about it, so go with the flow and adapt to what happens. One of the best times of the year is about to begin. You have nothing to fear. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Sleeper's show
- Hosiery hue
- Barn birds
- Weight unit
- Therefore: French
- Don Juan type
- National ___ Day (Cultural celebration each June 21st in Canada)
- Latin pronoun
- Heron variety
- Practical
- Assn.
- Guys
- Emperor's expanse
- Nickname for Manitoba's largest city: 2 wds.
- Aid
- Descriptive wd.
- Infamous Mr. Khashoggi
- Social customs
- Maiden name indicator
- Wood strip
- Coffee break treat
- Opened slightly
- Odd, briefly
- Deceived: 2 wds.
- Arctic ___ (Types of fish)
- Opposite SSW
- At any point
- Ms. Allen, George Burns' wife
- Snake stuff
- NBA's Rockets, on scoreboards
- Essential
- CBC journalist Ms.



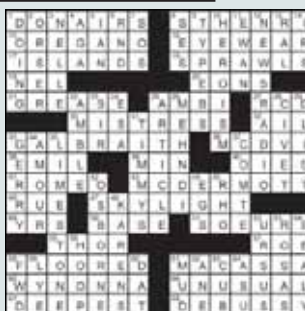
- Northern BC's ___ River
- Some gyms, e.g.
- Dennis Quaid/Meg Ryan flick of 1988
- Pre-BBQ spice application
- Roxy Music's Brian
- Area amount

- He served two terms as Prime Minister in the 1920s, Arthur ___ (b.1874 - d.1960)
- Ms. Falco's
- More on the next page... [abbr.]
- Cellular stuff
- Vancouver Island tourist destination

- affectionately called 'Ukee'
- Bay window
- American DJ who's 'gonna rate your record high' in a hit by The Guess Who: 2 wds
- Scottish singer
- Blind, as per falconry

- Mr. Kinnear
- Drains
- 1945: Yalta attendee
- "Drats!": 2 wds.
- Toronto Islands amusement park
- Any "Friends" episode now
- Oom-___ (Tuba sound)
- Romantic comedy, "Made of ___" (2008)
- Sweetie pie
- Musical-turned-movie, "___ Boys" (2014)
- Tech store purchase
- Calgary botanical attraction, ___ Gardens
- ___ peel (Dermatology procedure)
- Comedian Jay
- Like some peanut butter
- Vanished
- "Get My Dough" singer/songwriter Ms. Dean
- Overly publicizes
- ___ wash jeans
- Ore deposit
- Shopping and To-Do, e.g.
- Bloom's balancer
- US firearms org.
- Bus. name ender
- ___ mission
- Albany is its cap.

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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Variable

Saturday



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